

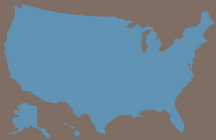
Returning from travel

our recommendations



Within Michigan

- There is no requirement to self-quarantine after travel within Michigan, but it's best to limit your contact with others as much as possible after your return.
- Wear a mask when in enclosed spaces outside your home.
- Monitor yourself for symptoms, and seek testing immediately if symptoms arise.



From Another State

- **Many states have greater community COVID-19 spread than Michigan. Be aware of the risks of travel to these areas.**
- Stay home for 14 days upon your return
- Wear a mask if you must go to get essential items.
- Monitor yourself for symptoms, and seek testing immediately if symptoms arise.



From Another Country

- Self-Quarantine for 14 days after your return is mandatory from any other country. The health department can provide specific instructions. Seek a test if symptoms appear.

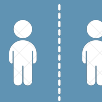
Travel Smart



Choose travel situations where you spend as little time with people you don't live with as possible.



Spend time outdoors, such as on the beach, hiking, or camping.



Observe 6' distance between yourself and others; indoors and outdoors.



When indoors at a restaurant, bar, store, or other place, wear a mask; it really makes a difference!



Limit airplane, train, or bus travel.



If you are feeling sick, postpone your travel until you are well.



If you are working in-person, make sure your employer knows about your travel.



If you experience symptoms of COVID-19, get tested right away.