You have been around someone that has tested positive for COVID-19 AND
Were within 6 feet of them for 15 minutes or more OR
Had direct contact with the person (hugged them) OR
Shared eating or drinking utensils OR
They sneezed, coughed or appeared sick

THEN YOU MUST
Stay home for 14 days after your last contact with the person AND
Stay away from others as much as possible AND
Observe for possible symptoms of COVID-19, fever (100.4°F), cough, shortness of breath, or other symptoms

If you develop symptoms contact your health care provider

You think you have COVID-19 or have tested positive for COVID-19 with or without symptoms

YOU MUST
Self quarantine for 24 hours without fever AND
Are using no fever medications AND
Have improvement in your symptoms AND
It’s been 10 days since the onset of your test or onset of symptoms

THEN
It’s safe to return to work or school

Retesting is not recommended within 3 months after the date of symptom onset for the initial COVID-19 infection.