

St. Joseph County Profile of Youth



Search Institute Survey Results for 2006
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Branch-Hillsdale-St. Joseph Community Health Agency

Developmental Assets

- Search Institutes 40 developmental assets assesses the health and well being of youth. They represent a common core of building blocks crucial for all youth.
- Search Institute studies summarize the extent to which these assets exist in our community and how they impact behaviors.

Assets – 40 assets, 2 groups

External – Positive experiences and support one receives from formal and informal connections to others in the community

Internal – things a family and community nurture within youth so that they can contribute to their own development

External assets

1. **Support** - Refers to the way youth experience love and acceptance from their **families** as well as the **community**.
2. **Empowerment** - Relate to youths **need to be valued and feel valuable**. How do youth think they are viewed by the community and can they contribute to their society in a meaningful way?
3. **Boundaries/Expectations** - Refers to the need for youth to have **clear AND enforced boundaries** within family, school and in their neighborhood, or community. There needs to be consistent messages about appropriate and acceptable behavior
4. **Constructive use of time** - Are there a wide variety of **structured opportunities** for youth to spend their time; whether through schools, community organizations or religious institutions

Internal Assets

1. **Commitment to learning** - Refers to the development of an **intellectual curiosity** and the skills to gain new knowledge and learn from experiences.
2. **Positive Values** - Our “**internal compass**” we use to guide our choices and set priorities.
3. **Social Competencies** - Reflects the personal **skills youth need to make choices** in society, including: Decision making, Interpersonal skills, Cultural competence, Resistance skills, Conflict resolution skills.
4. **Positive Identity** - Focuses on a young persons **view of themselves**, their own sense of power, purpose, worth and promise.

Indicators

The positive and negative consequences of developmental assets. There are 2 types identified in this study.

Thriving indicators – increase as asset levels rise

Deficits – increase as asset levels fall

Thriving Indicators

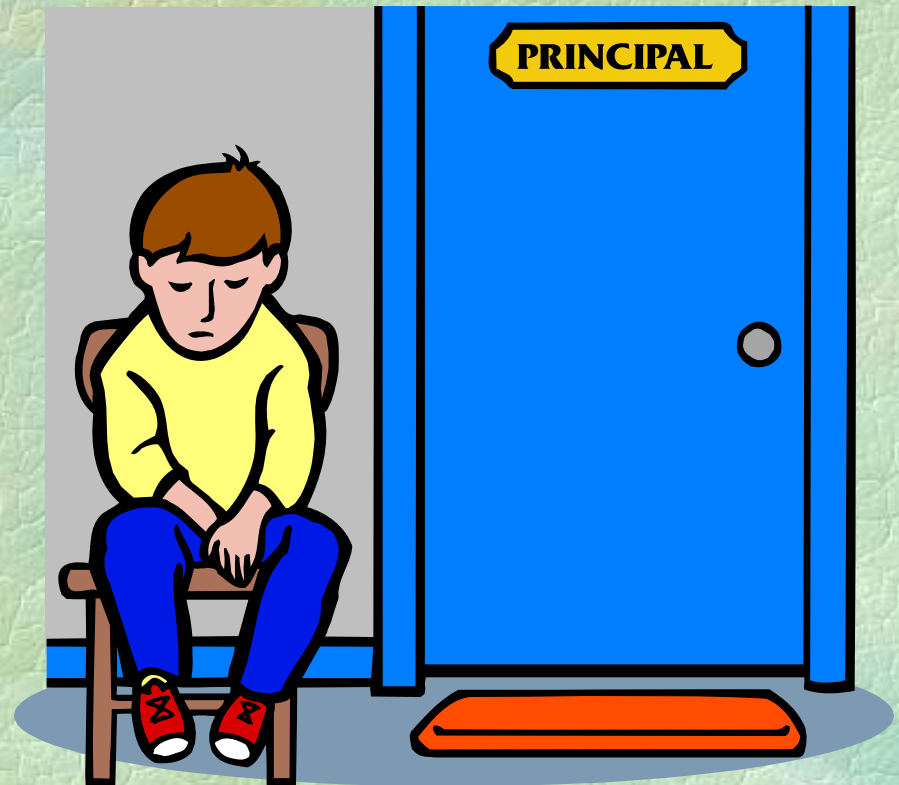
Evidence that successful development is occurring

- Succeeds in school
- Helps others
- Values diversity
- Maintains good health
- Exhibits leadership
- Resists danger
- Delays gratification
- Overcomes adversity



Deficits – “the flip side”

- These are countervailing influences that can interfere with healthy development, blocking development of assets and easing the way to risky behavioral choices. On their own, they do not necessarily do permanent harm, but each makes harm more possible



Deficits

- Alone at home 2 hrs./day or more
- TV overexposure 3 hrs./day or more
- Physical Abuse 1 or more incident
- Victim of Violence 1 or more – past 2 yrs.
- Drinking parties 1 or more – past year



Search Institute Survey - 2006

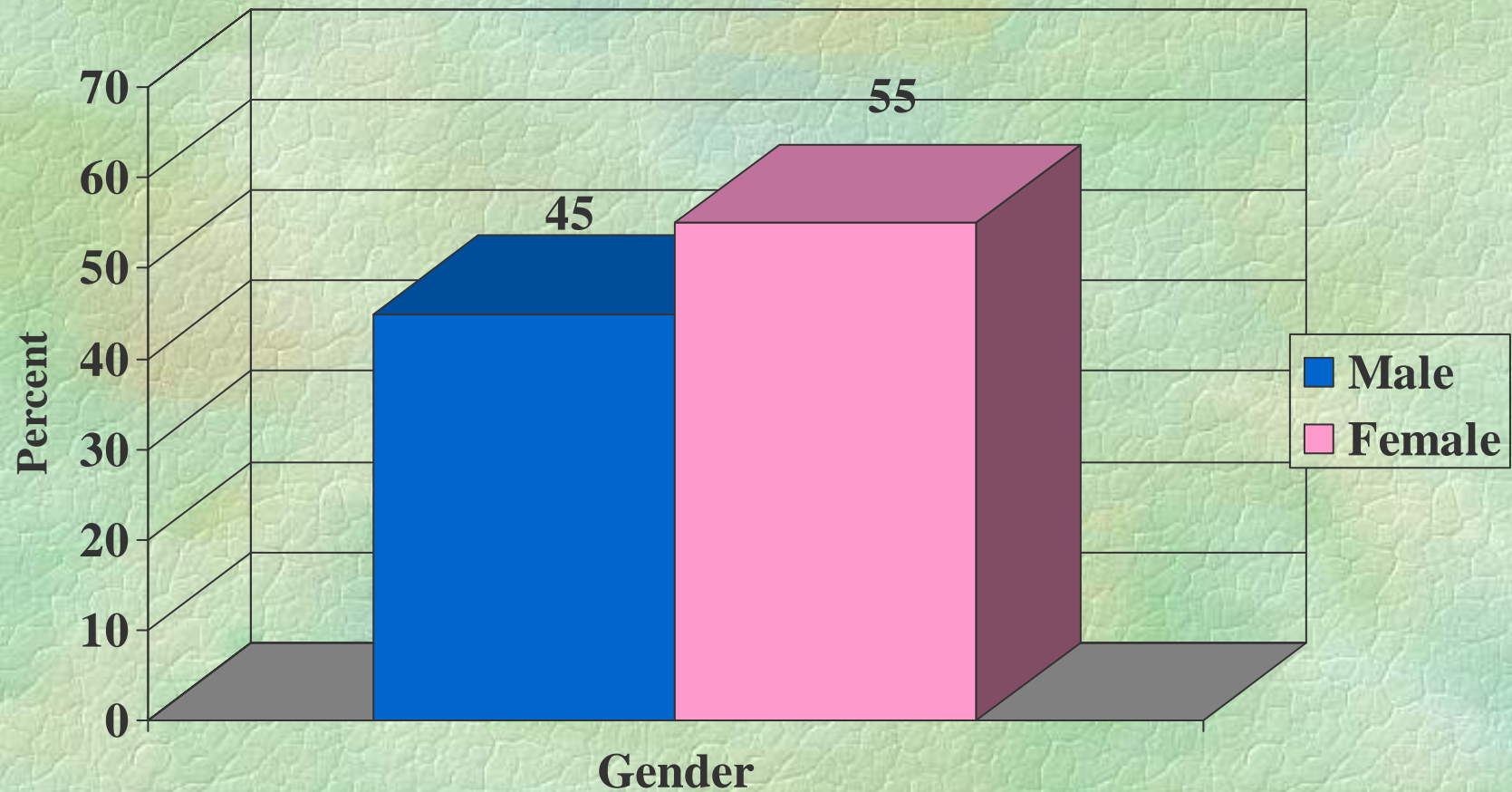
- The survey was conducted in June of 2006 with 583 students surveyed in St. Joseph County. Grades included were 7, 9 and 11. 156 questions were posed to students to assess their assets, deficits, risk taking behaviors and thriving indicators. The total number of surveys compared to 2004 was down 39%. (Constantine Schools did not participate in 06')

2006 Participating Schools

- Centerville – Jr. & Sr. High School
- Colon – Jr. & Sr. High School
- Nottawa Community Schools
- Mendon – Jr. & Sr. High School
- Sturgis – Jr. & Sr. High School
- Three Rivers Jr. & Sr. High School
- White Pigeon Jr. & Sr. High School

Percent of the Surveyed Population by Sex

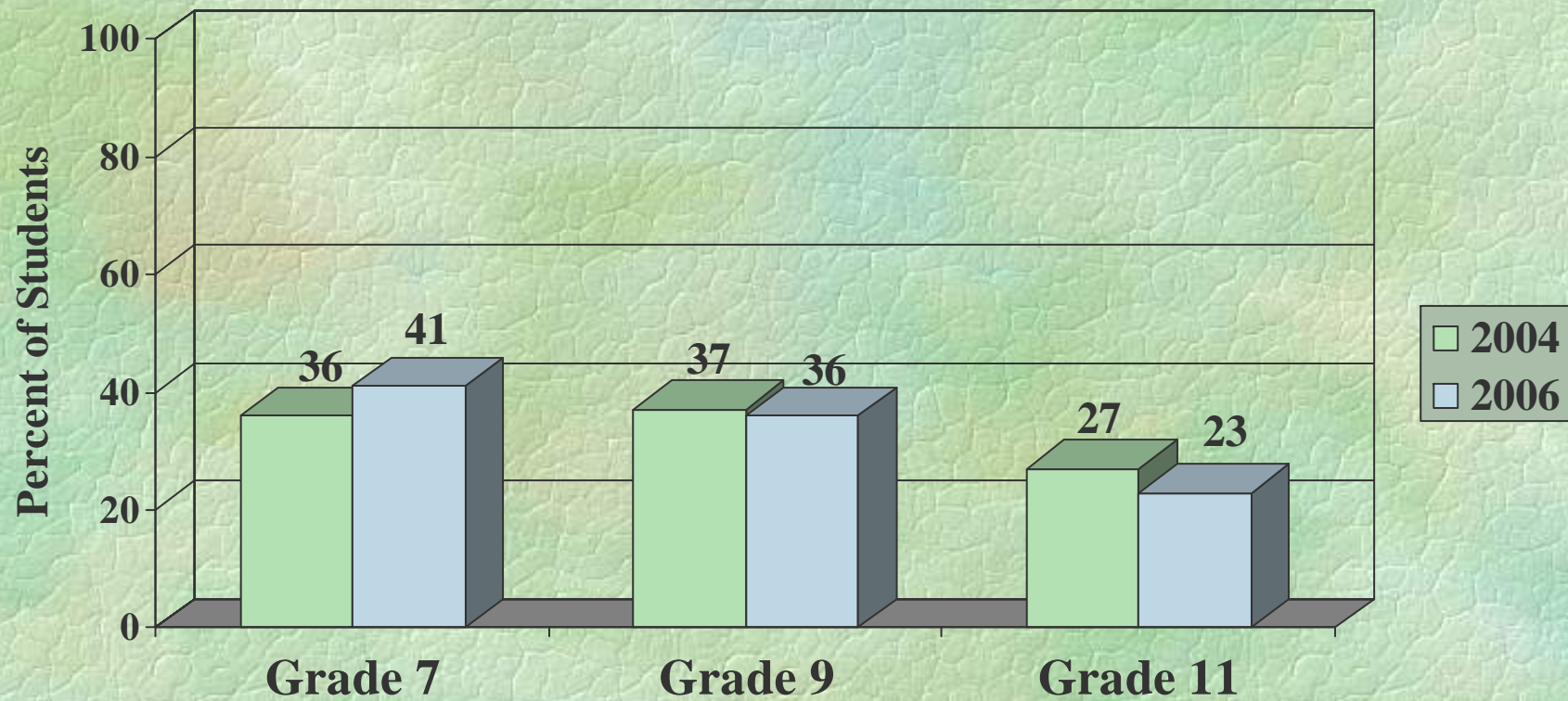
2006 Search Institute Study, St. Joseph County



Number of Students Surveyed by Grade

2004-2006 Search Institute Study, St. Joseph County

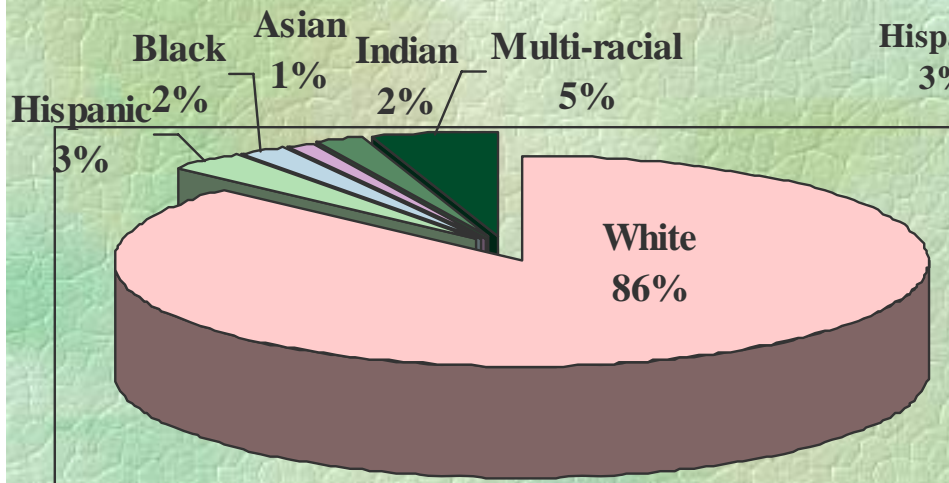
2004- opt in 2006 - opt in



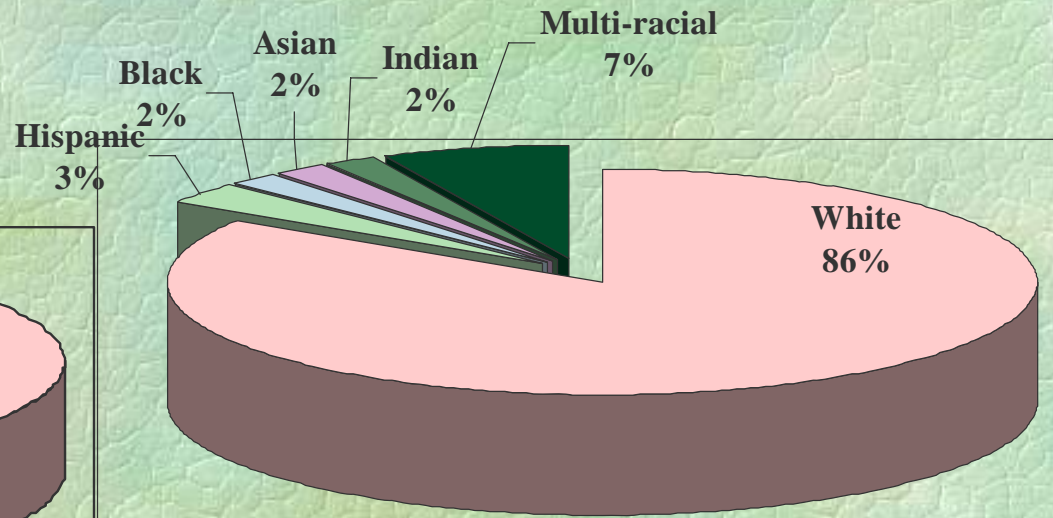
Percent of Population surveyed – By Race

Search Institute Study 2004/2006

2004 Race/ethnicity



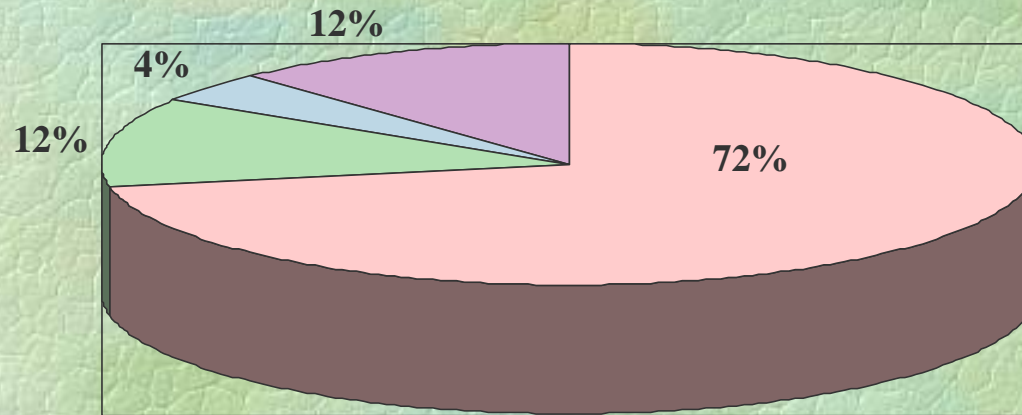
2006 Race/ethnicity



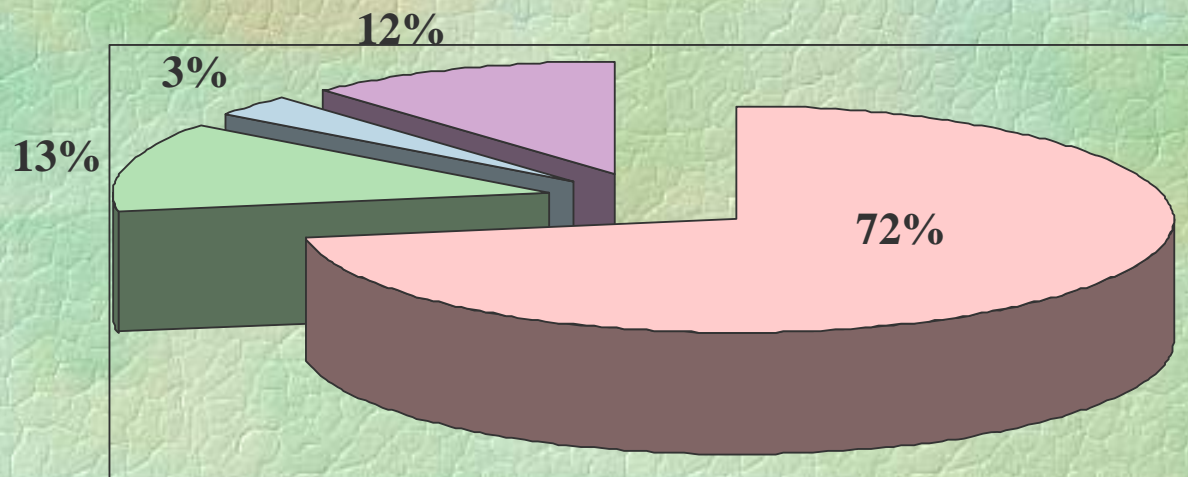
Family Structure

Search Institute Study 2004/2006

2004



2006

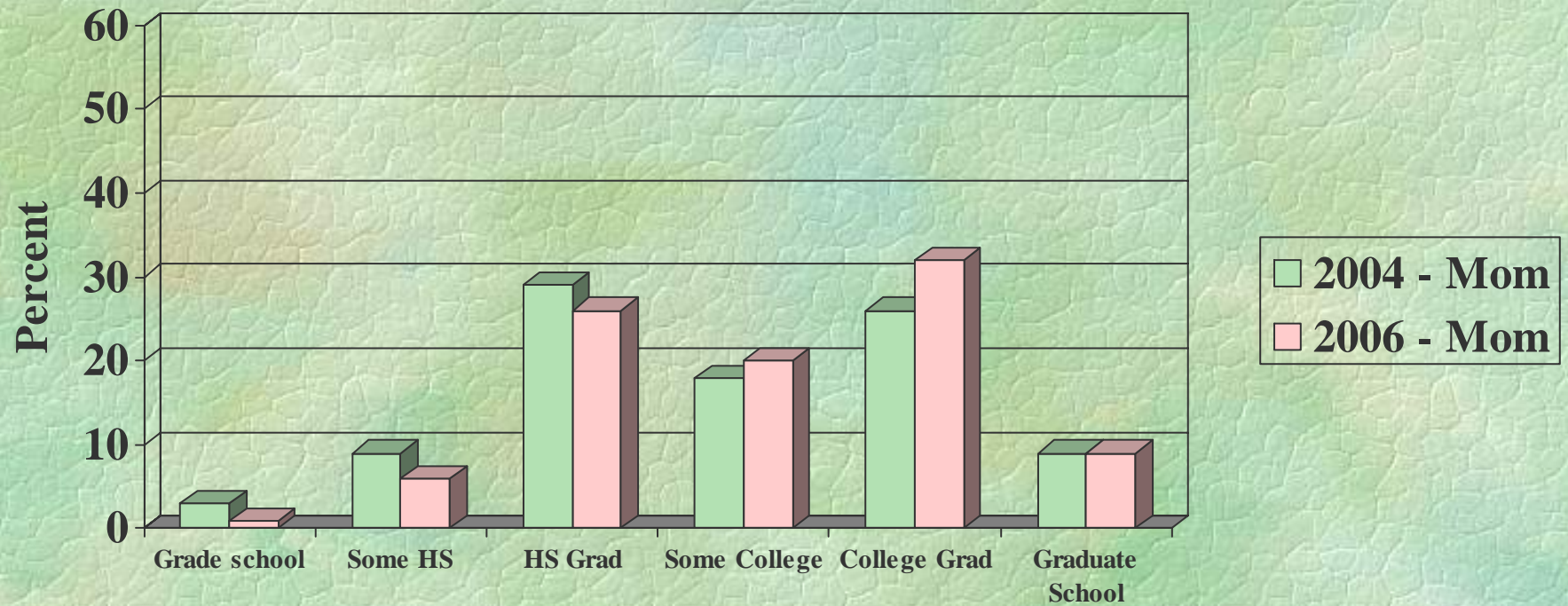


- 2 Parent
- 1 parent -mom
- 1 parent- dad
- Some mom/Some dad

Parents Education

2004-2006 Search Institute

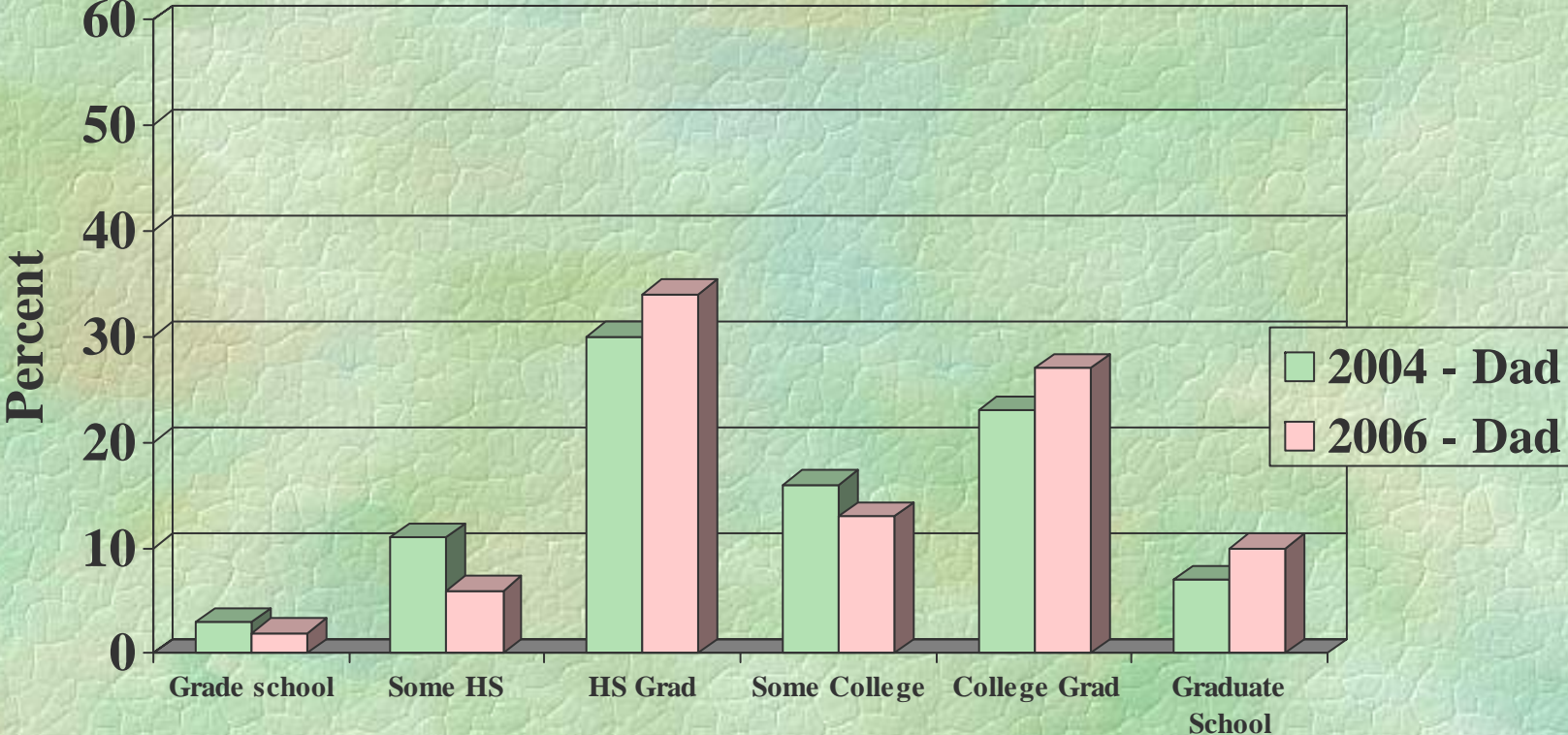
Mom



Parents Education

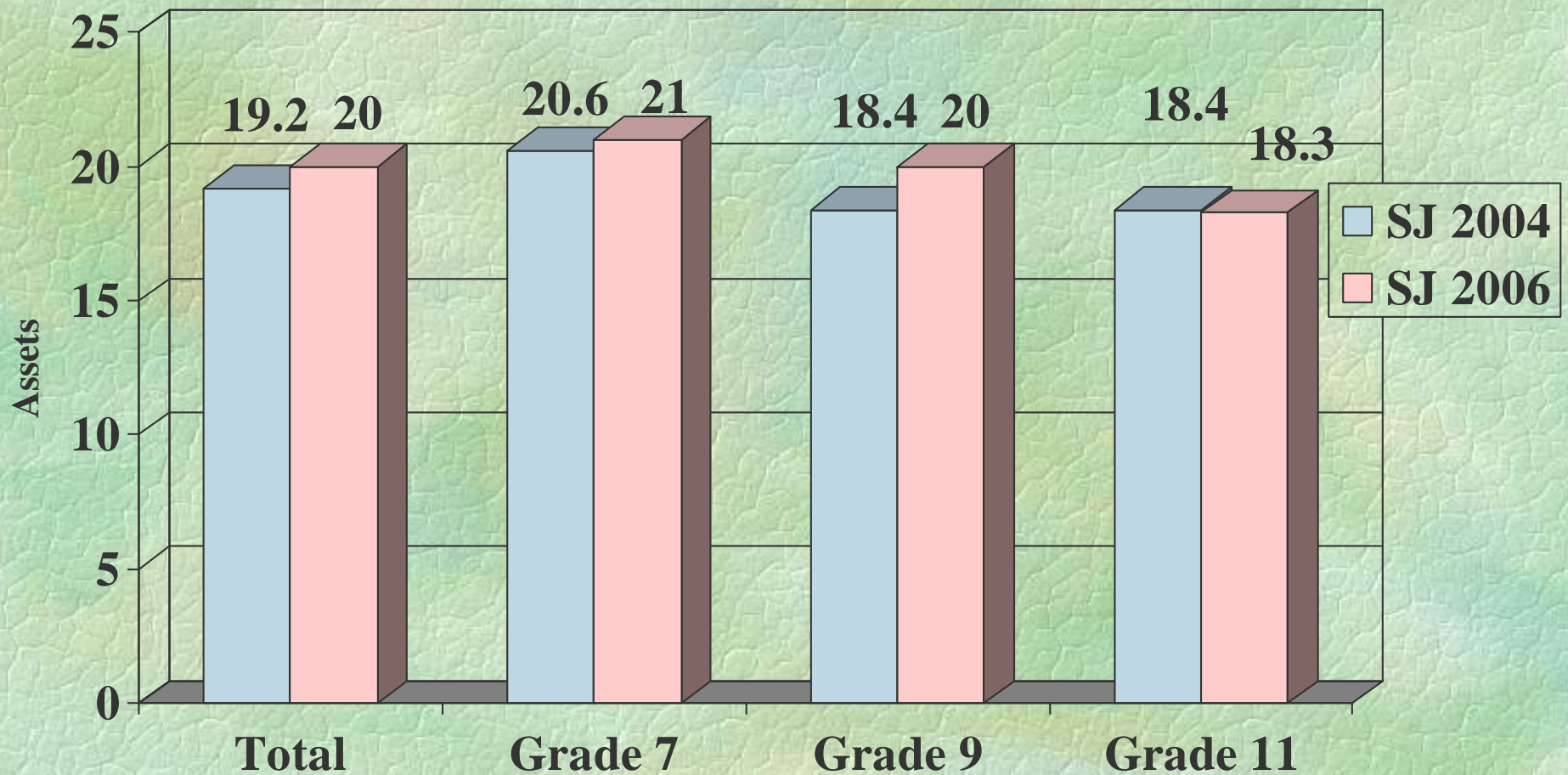
2004/2006 Search Institute

Dad



Average Number of Youth Assets, By Grade – SJ 2004 and 2006

2004/2006 Search Institute Study, St. Joseph County

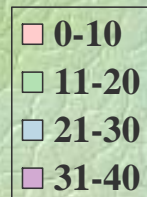
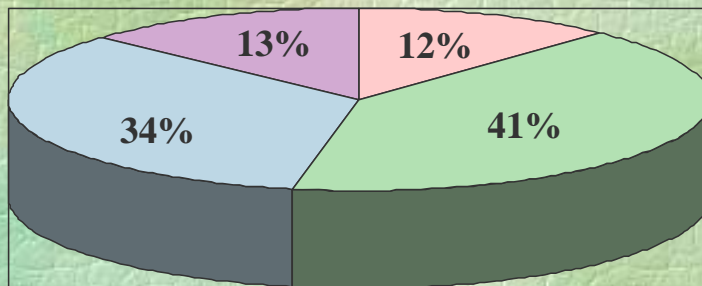


Asset Levels

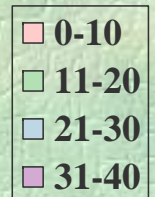
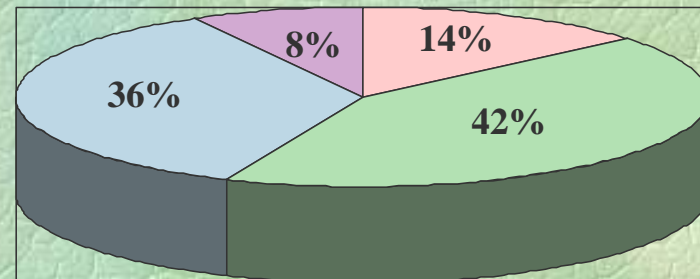
Search Institute 2004/2006

National – 41% have 21 or more assets

2006



2004



External Assets: Support

SI 2004 Compared to 2006

% REPORTING ASSET	SJ 2006	SJ 2004
Family	75	70
Positive Family Communication	34	33
Adult Relationships – (non parent)	44	50
Caring Neighborhood	37	39
Caring School Climate	35	28
Parent Involvement	38	35

External Assets: Empowerment, SI 2004 Compared to 2006

% REPORTING ASSET	SJ 2006	SJ 2004
Community Values	26	23
Youth		
Youth as Resources	26	25
Service to Others	49	53
Safety –school, community & home	45	51

External Assets: Boundaries and Expectations

SI 2004 and 2006

% REPORTING ASSET	SJ 2006	SJ 2004
Family Boundaries	55	50
School Boundaries	55	50
Neighborhood Boundaries	55	53
Adult Role Models	29	27
Positive Peer Influence	67	64
High Expectations	50	46

External Assets: Constructive Use of Time

SI 2004 and 2006

% REPORTING ASSET	SJ 2006	SJ 2004
Creative Activities	17	17
Youth Programs	61	62
Religious Community	60	54
Time at Home	67	59

Internal Assets: Commitment to Learning

SI 2004 and 2006

% REPORTING ASSET	SJ 2006	SJ 2004
Achievement	72	72
Motivation		
School Engagement	64	65
Homework	42	36
Bonding to School	65	57
Reading for Pleasure	20	21

Internal Assets: Positive Values

SI 2004 and 2006

% REPORTING ASSET	SJ 2006	SJ 2004
Caring	49	48
Equality/Social Justice	46	49
Integrity	66	70
Honesty	72	70
Responsibility	68	70
Restraint	55	50

Internal Assets: Social Competencies, SI 2004 and 2006

% REPORTING ASSET	SJ 2006	SJ 2004
Planning/Decision Making	29	26
Interpersonal Competence	42	44
Cultural Competence	37	36
Resistance Skills	49	43
Peaceful Conflict Resolution	46	44

Internal Assets: Positive Identity, SI 2004 and 2006

Source: SI 2004-2006

% REPORTING ASSET	SJ 2006	SJ 2004
Personal Power	48	46
Self-esteem	51	46
Sense of Purpose	59	54
Positive View of Future	78	76

Summary of Asset Levels 2004 vs. 2006

Search Institute 2004/2006

	<u>2006</u>	<u>2004</u>
0-10 Assets	12%	14%
11-20 Assets	41%	43%
21-30 Assets	34%	35%
31-40 Assets	13%	8%

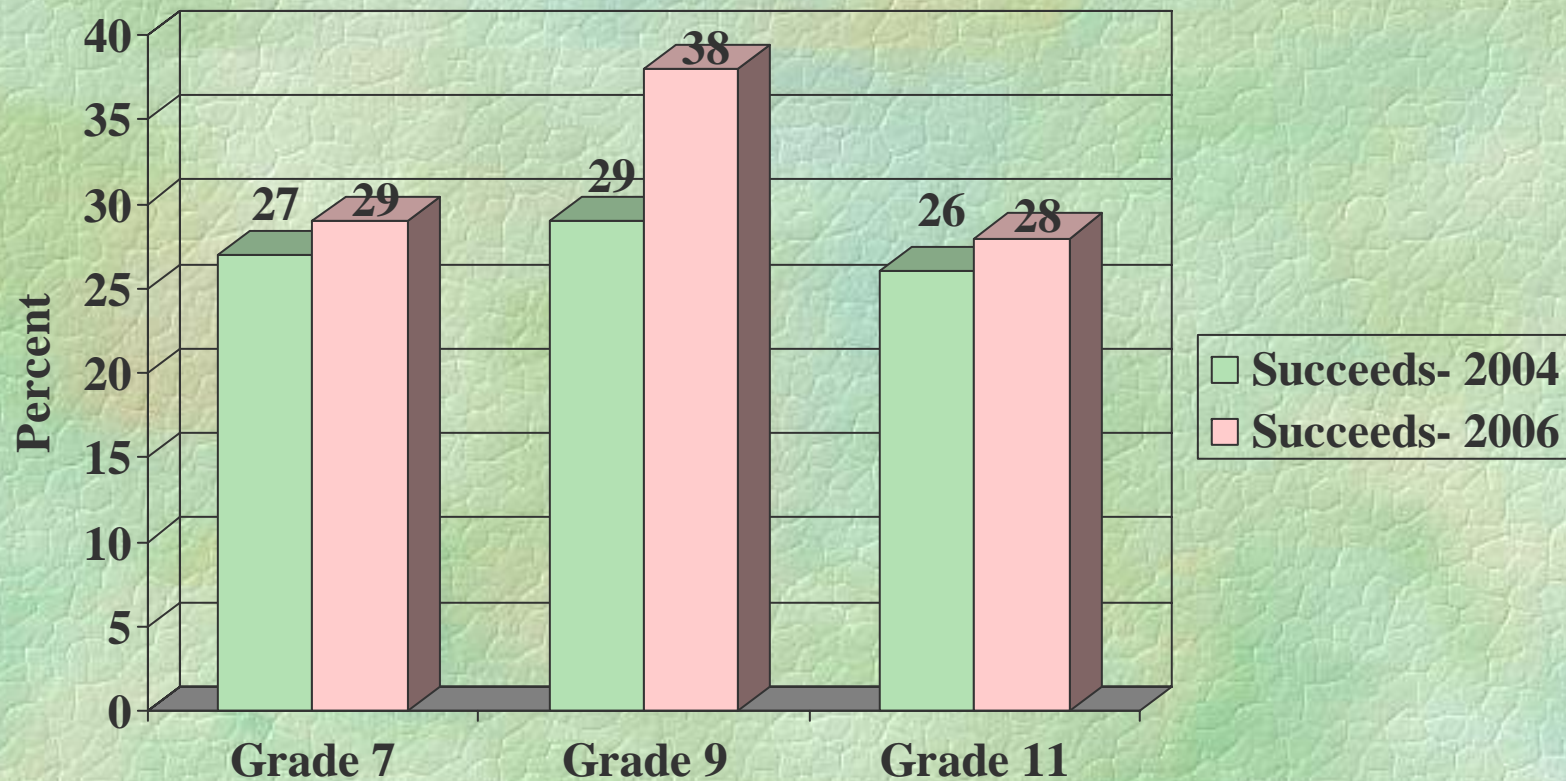
Does anyone
remember those
thriving indicators?
By all rights we
ought to have
higher levels.
Well, how did we
do?



Succeeds in School

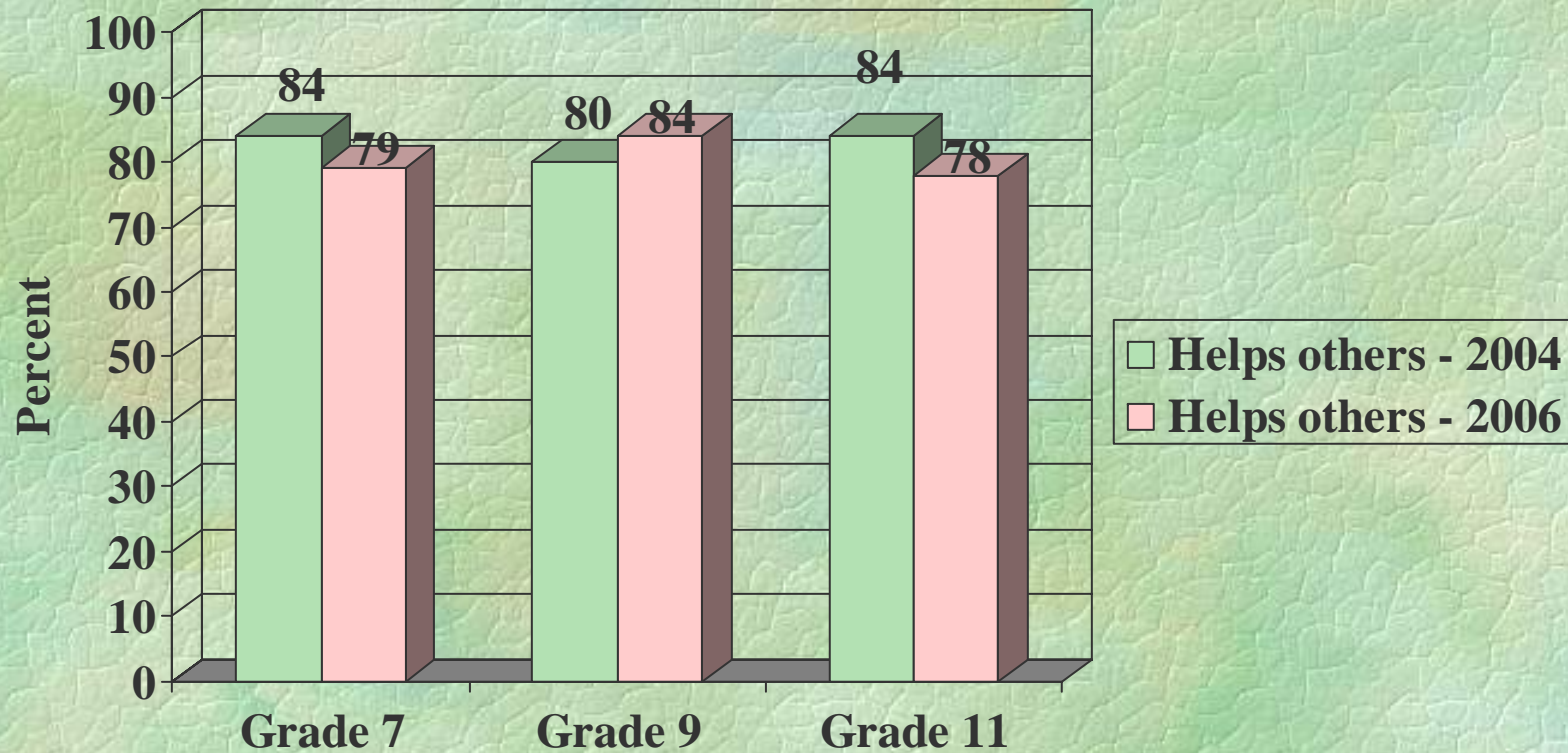
(gets good grades)

Search Institute Study 2004/2006



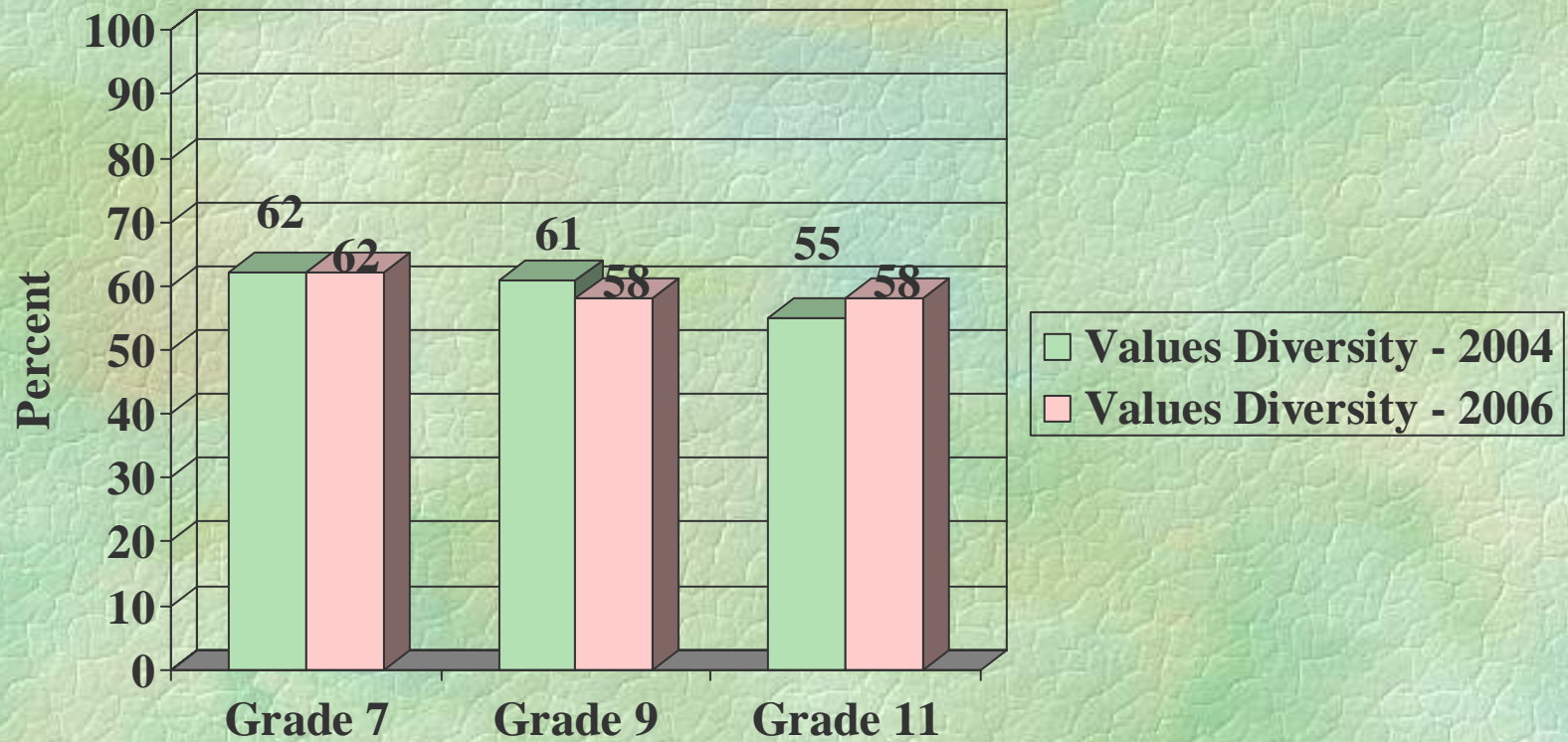
Is helpful to others

Search Institute Study 2004/2006



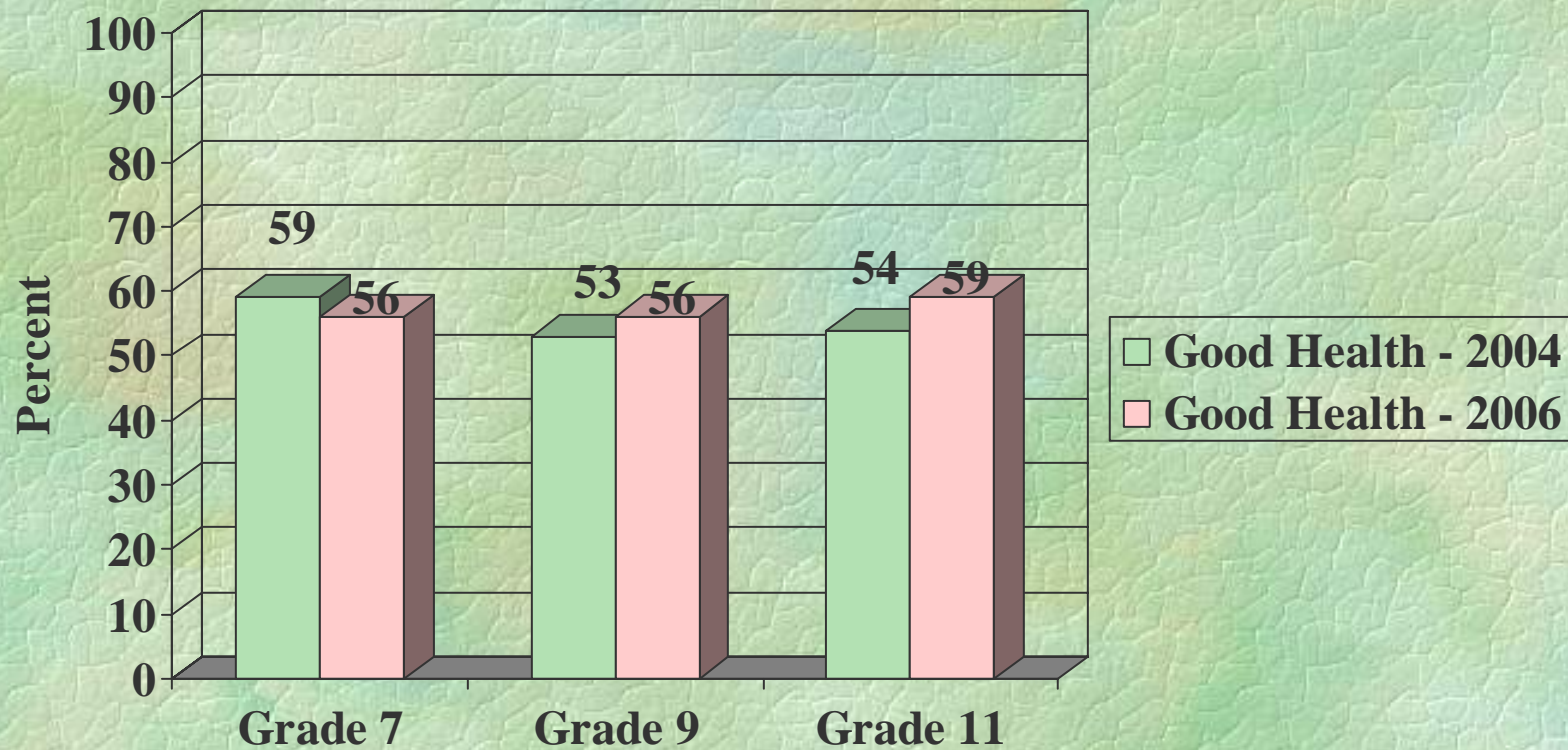
Values Diversity

Search Institute Study 2004/2006



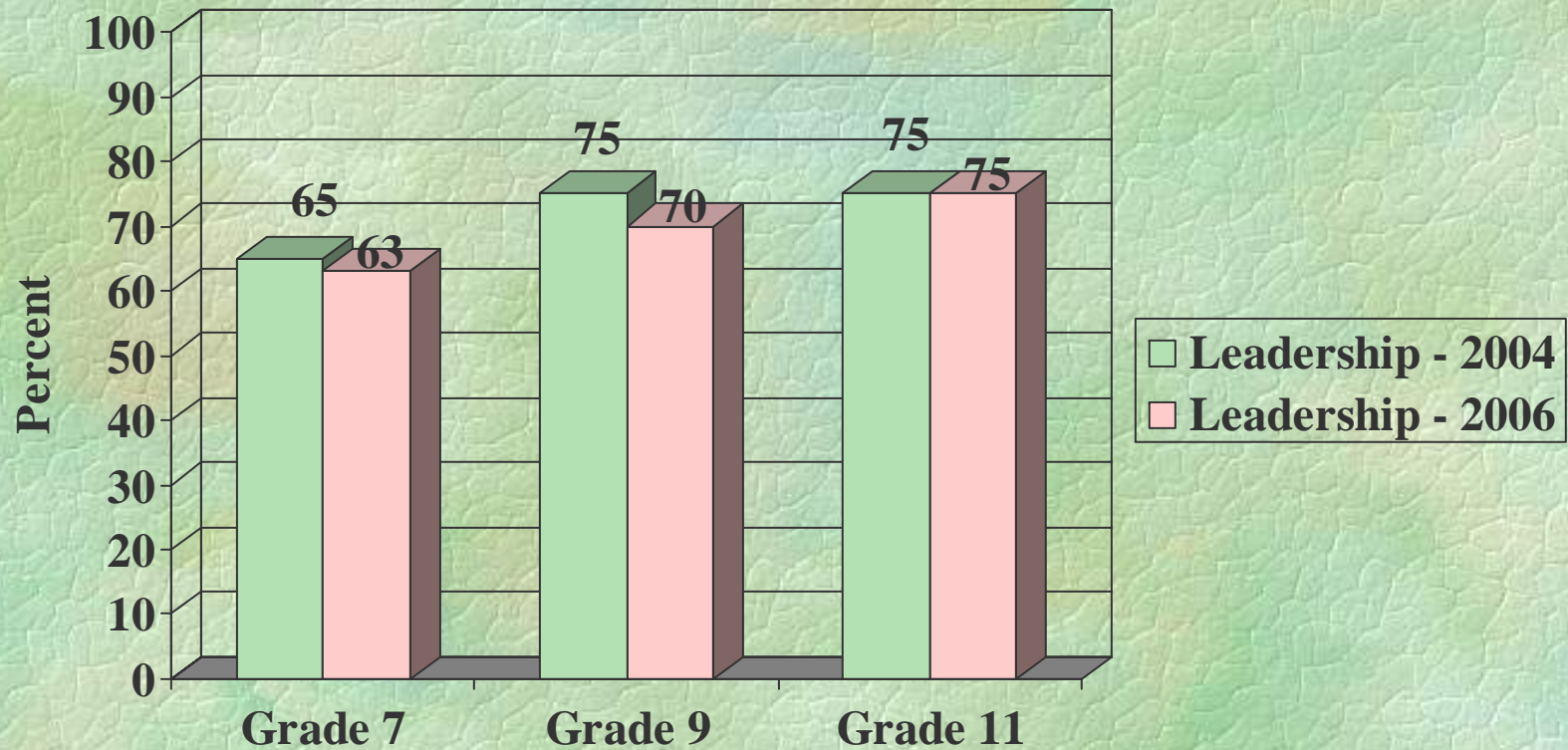
Maintains Good Health

Search Institute Study 2004/2006



Exhibits Leadership

Search Institute Study 2004/2006



Resists Danger

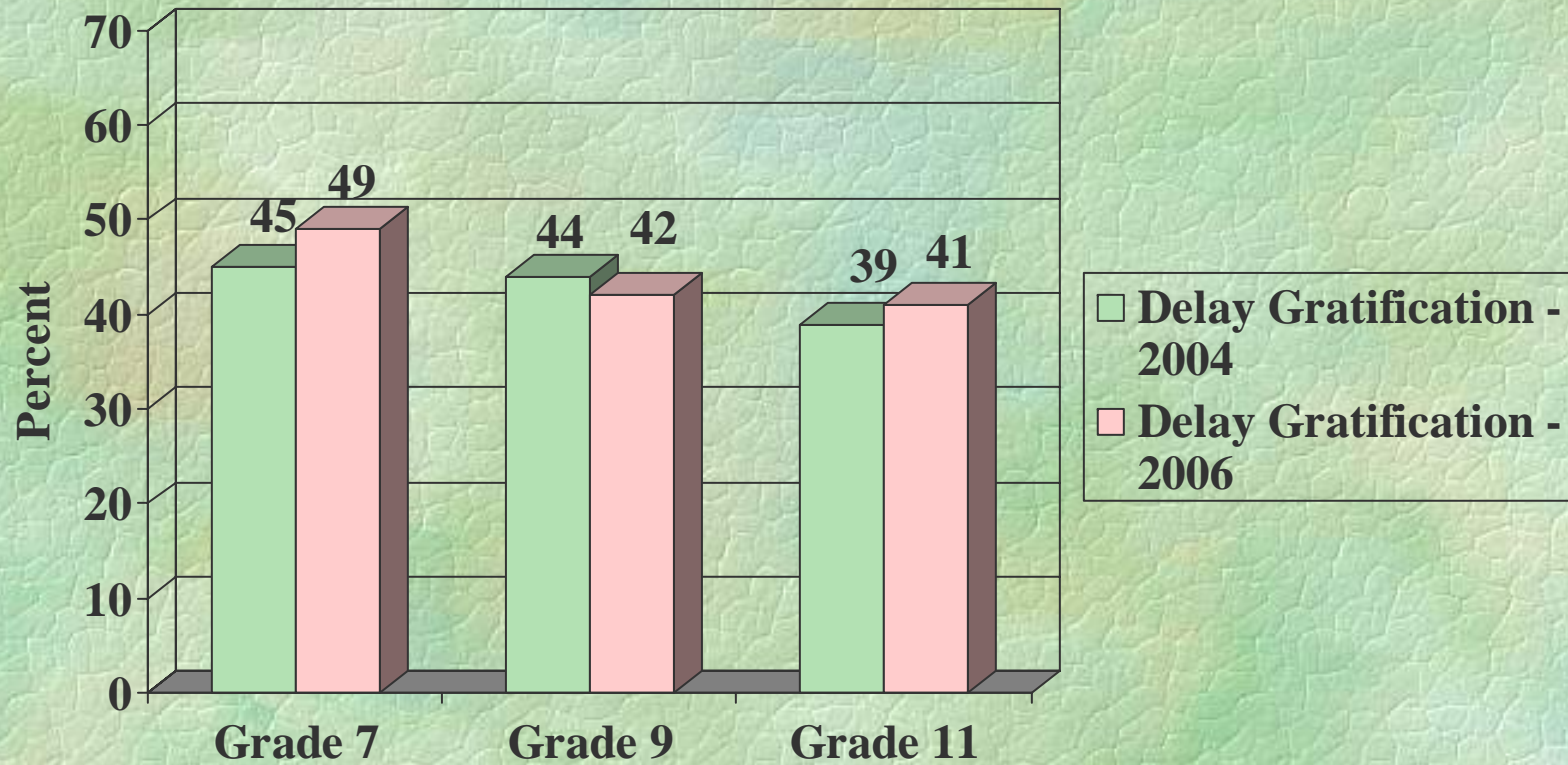
“I do exciting things – even if they are dangerous”

Search Institute Study 2004/2006



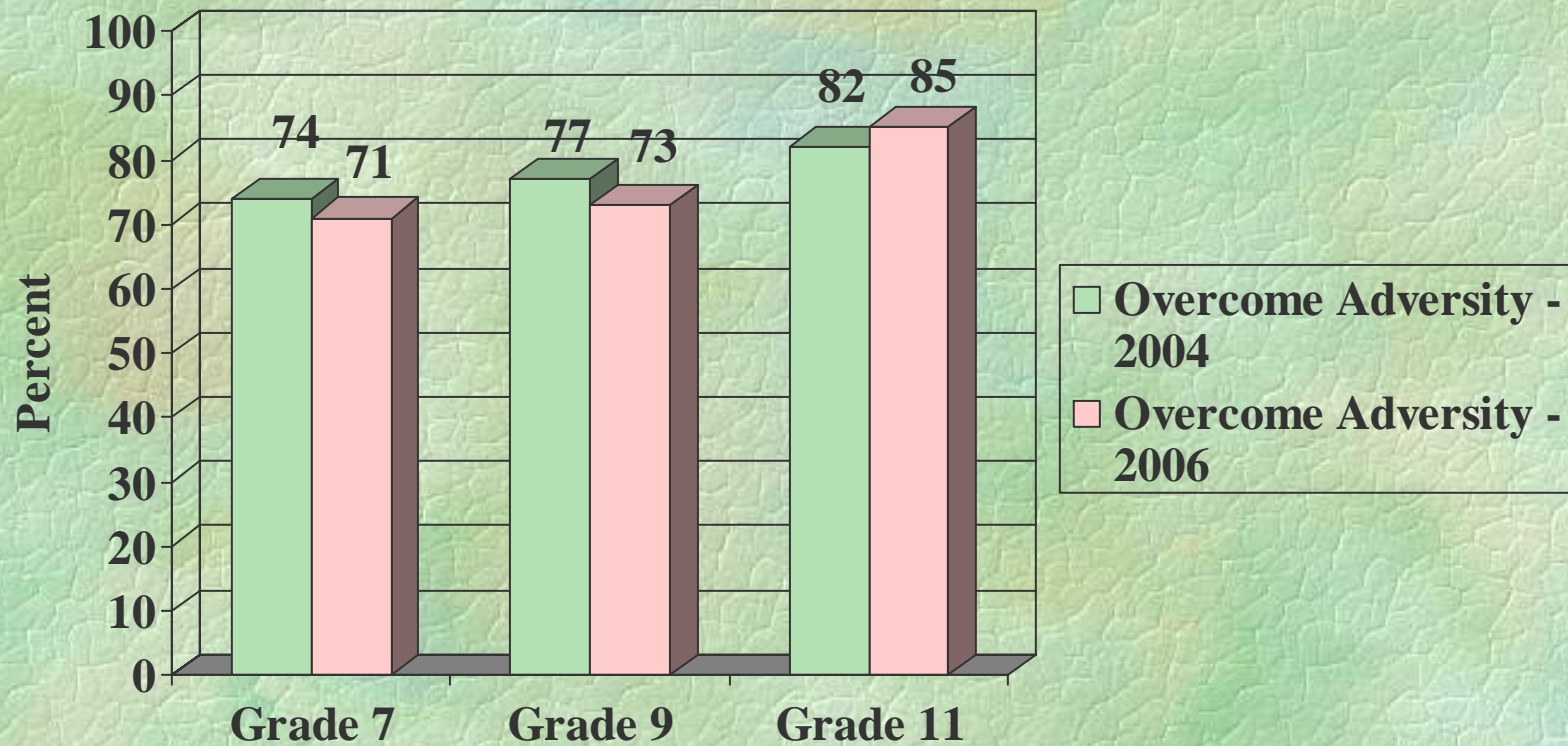
Delays Gratification

Search Institute Study 2004/2006



Overcomes Adversity

Search Institute Study 2004/2006



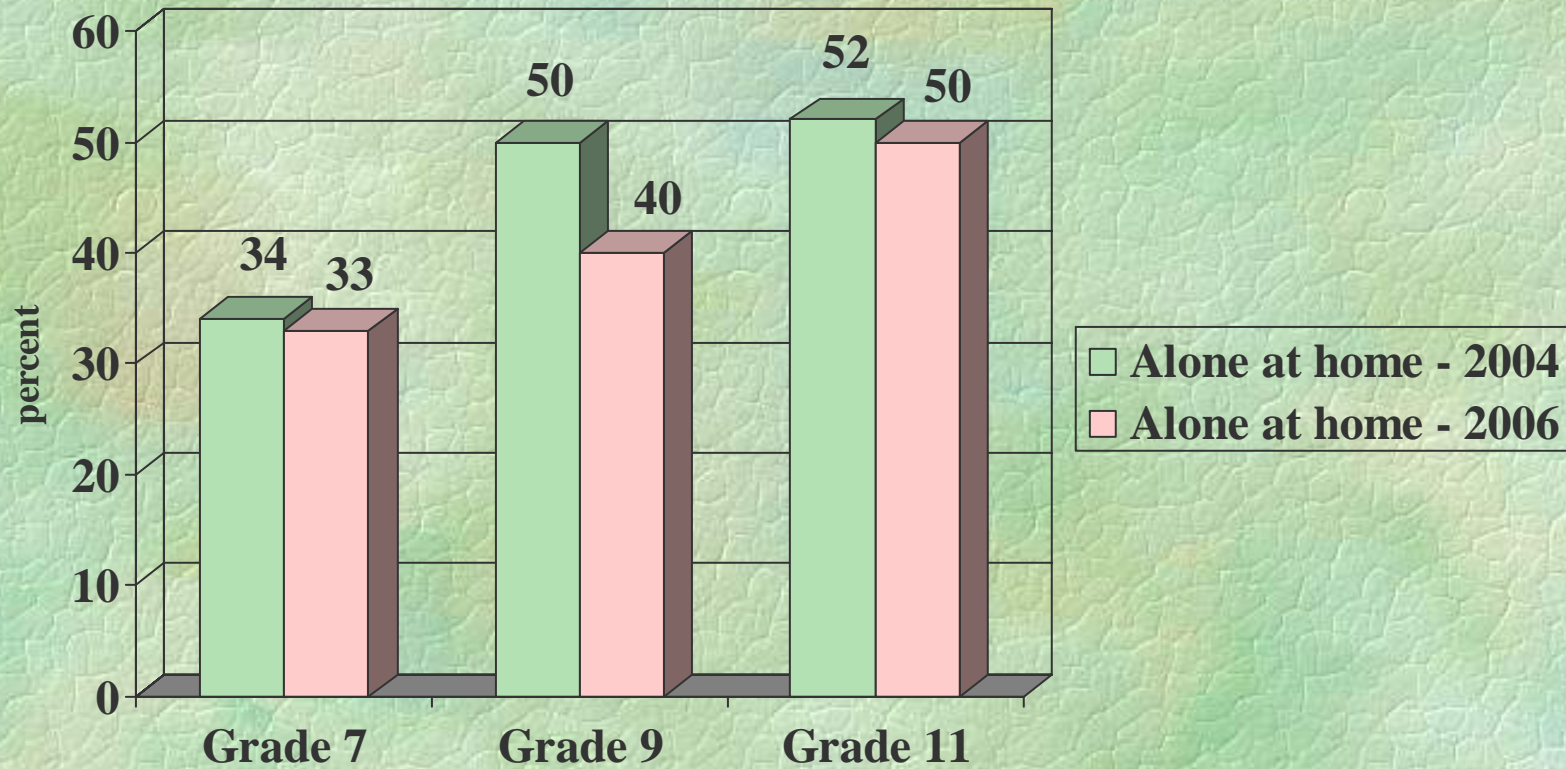
Deficits – a dirty word

Ok, let's hear it.
What about the
bad stuff?



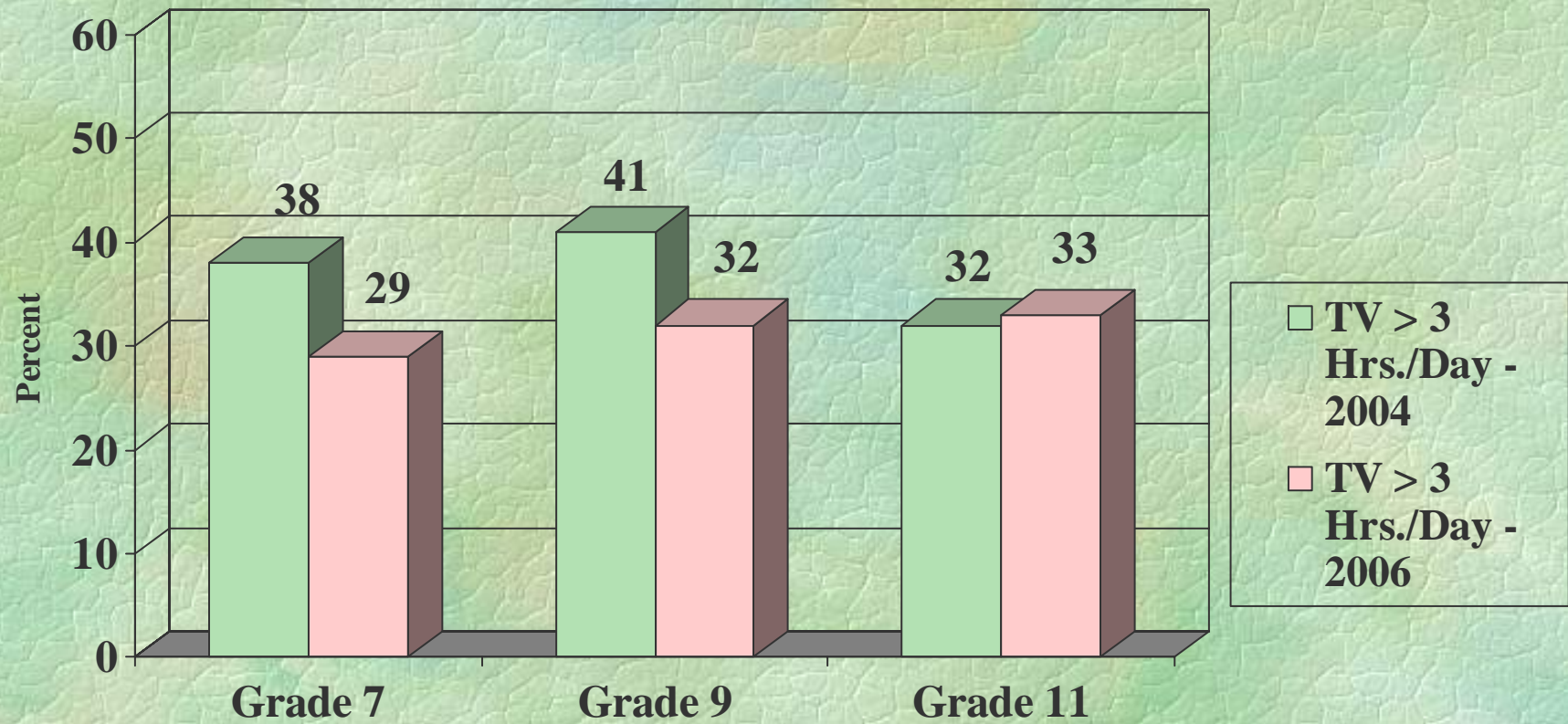
Alone at home

Search Institute 2004/2006



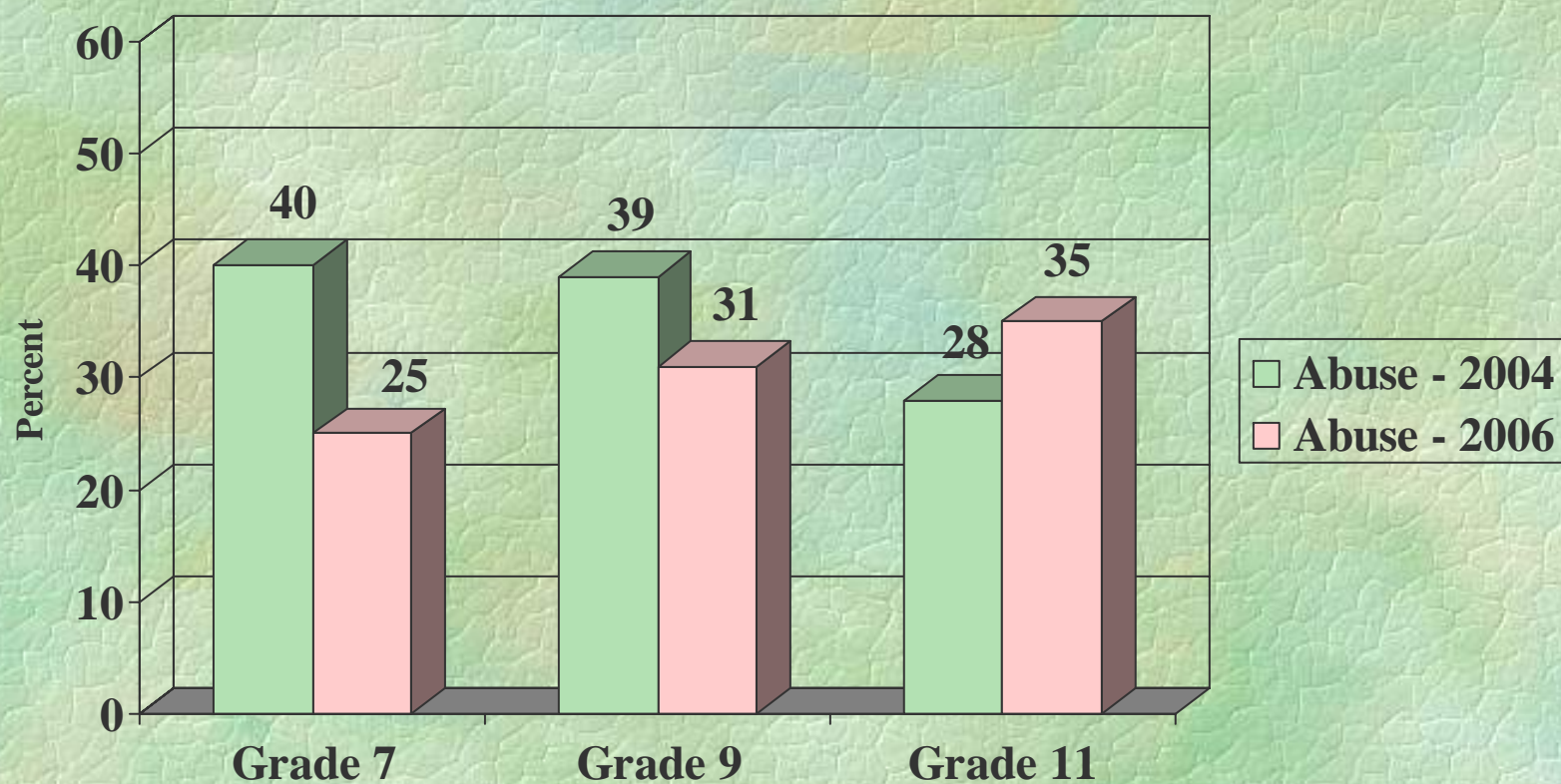
Too Much TV

Search Institute 2004/2006



Physical Abuse – at home

Search Institute 2004/2006



Victim of Violence

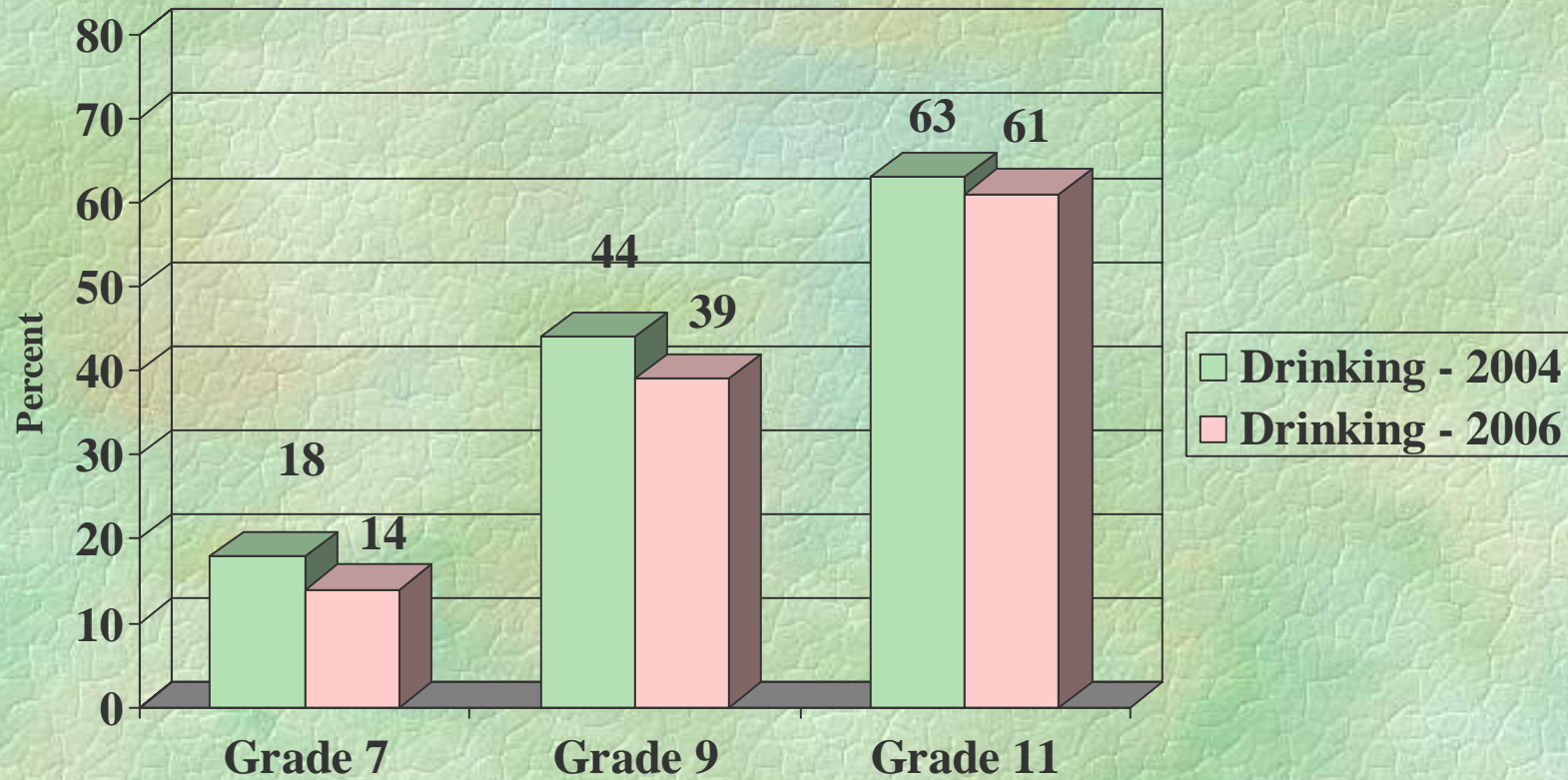
(Not at home)

Search Institute 2004/2006



Drinking Parties

Search Institute 2004/2006

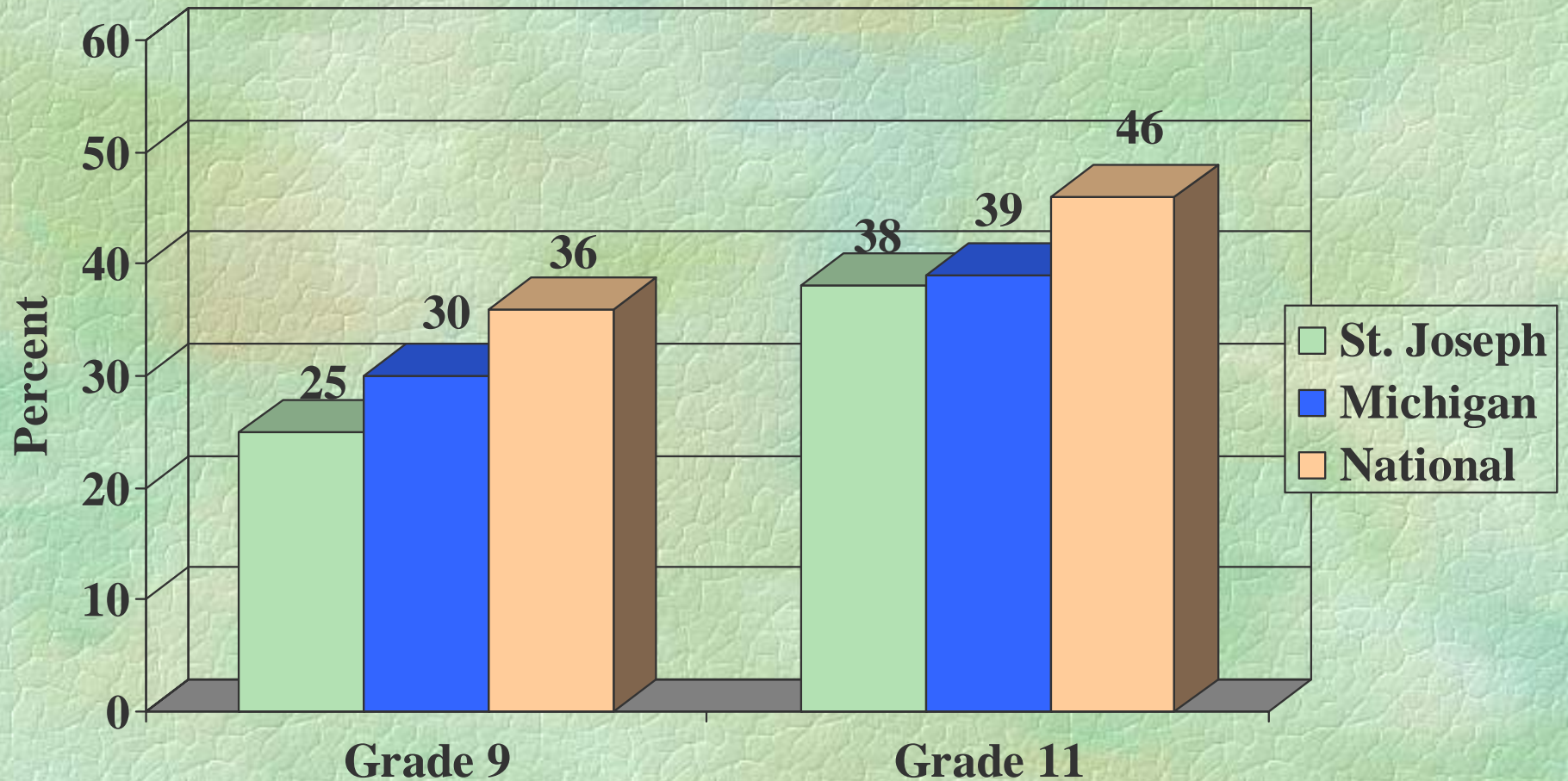


Analysis of Specific Risk Behaviors

Comparison of 2006 Search Institute Asset Survey of St. Joseph Youth with the 2005 Michigan YRBS and 2005 U.S. YRBS data

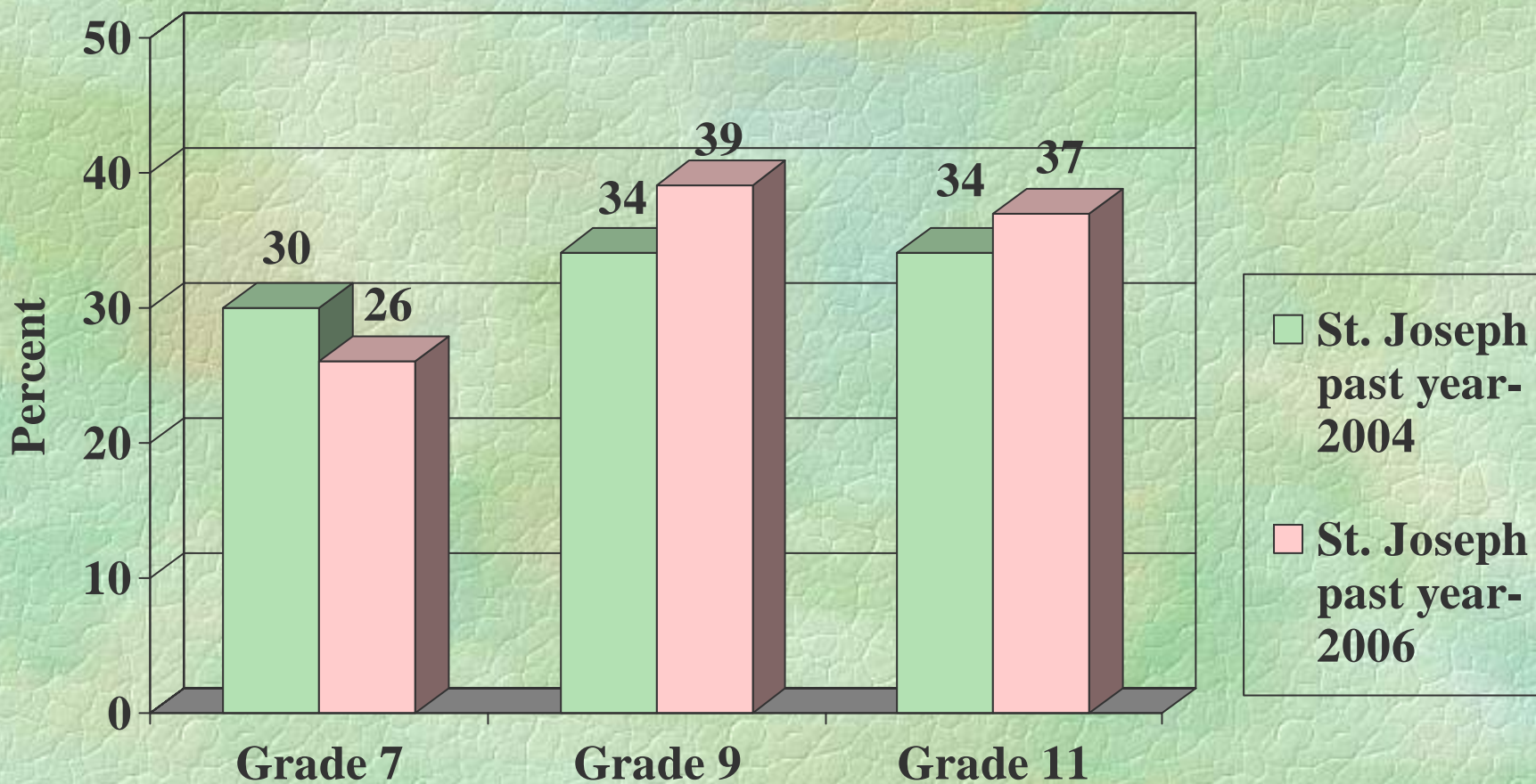
Comparison of Percentage of Students who Drank in the Past 30 Days

2006 Search Institute Study, MI-YRBS 2005, US-YRBS 2005



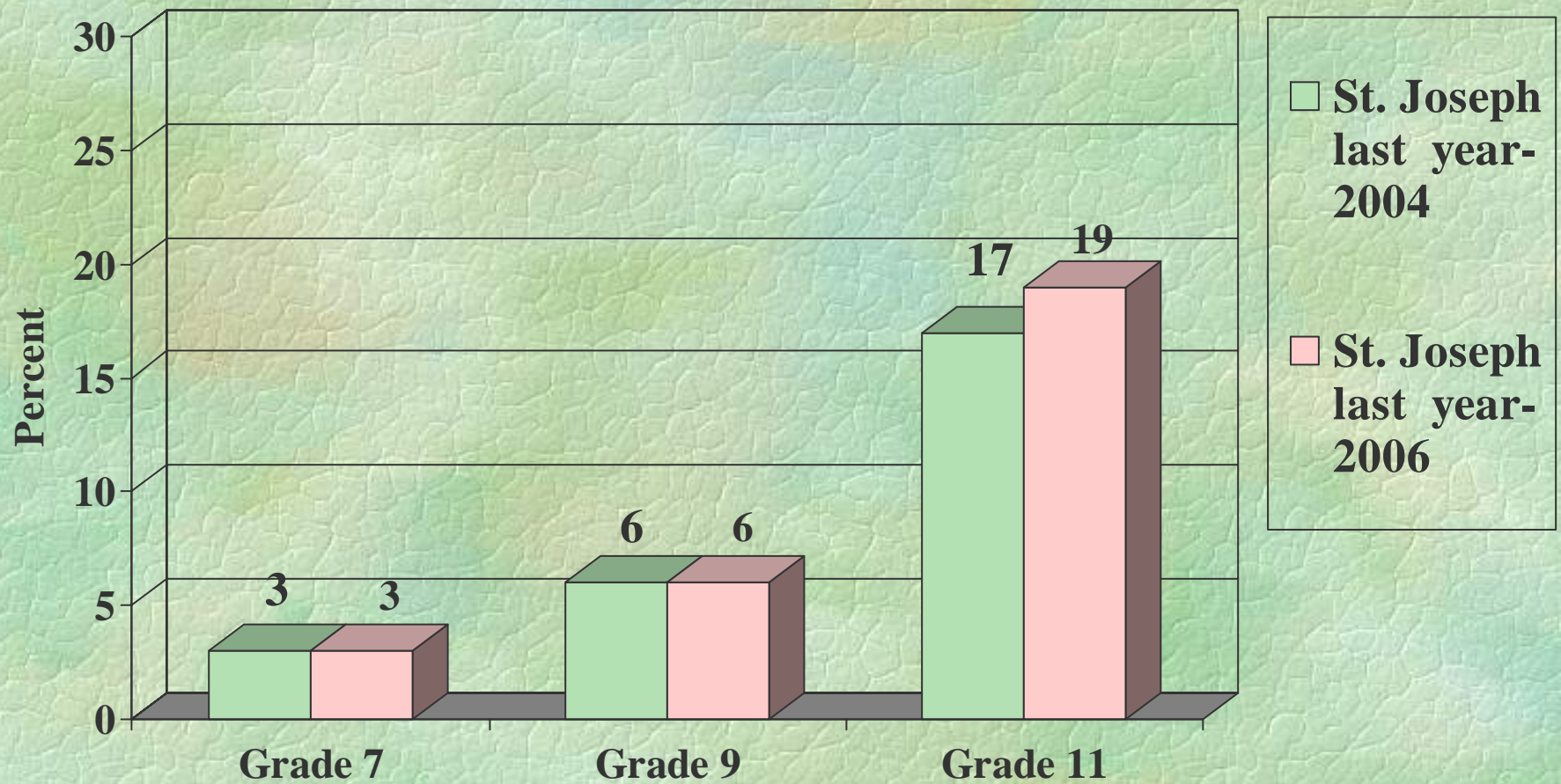
Percentage of Students Riding with Driver who Drank – at least 1 time/past year

2006 Search Institute Study



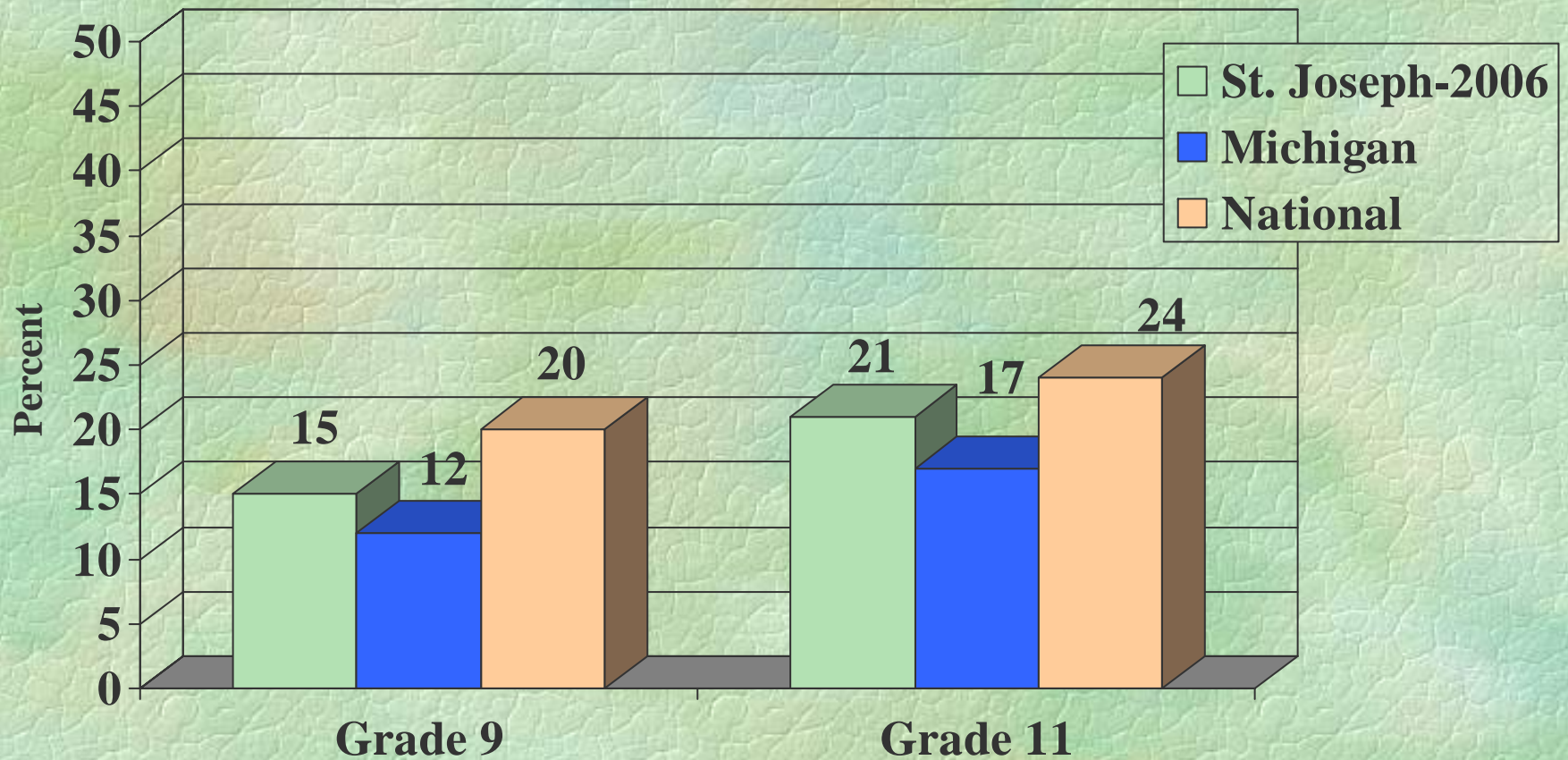
Percentage of Students Who Drove after Drinking – at least 1 time/past year

2004/2006 Search Institute Study



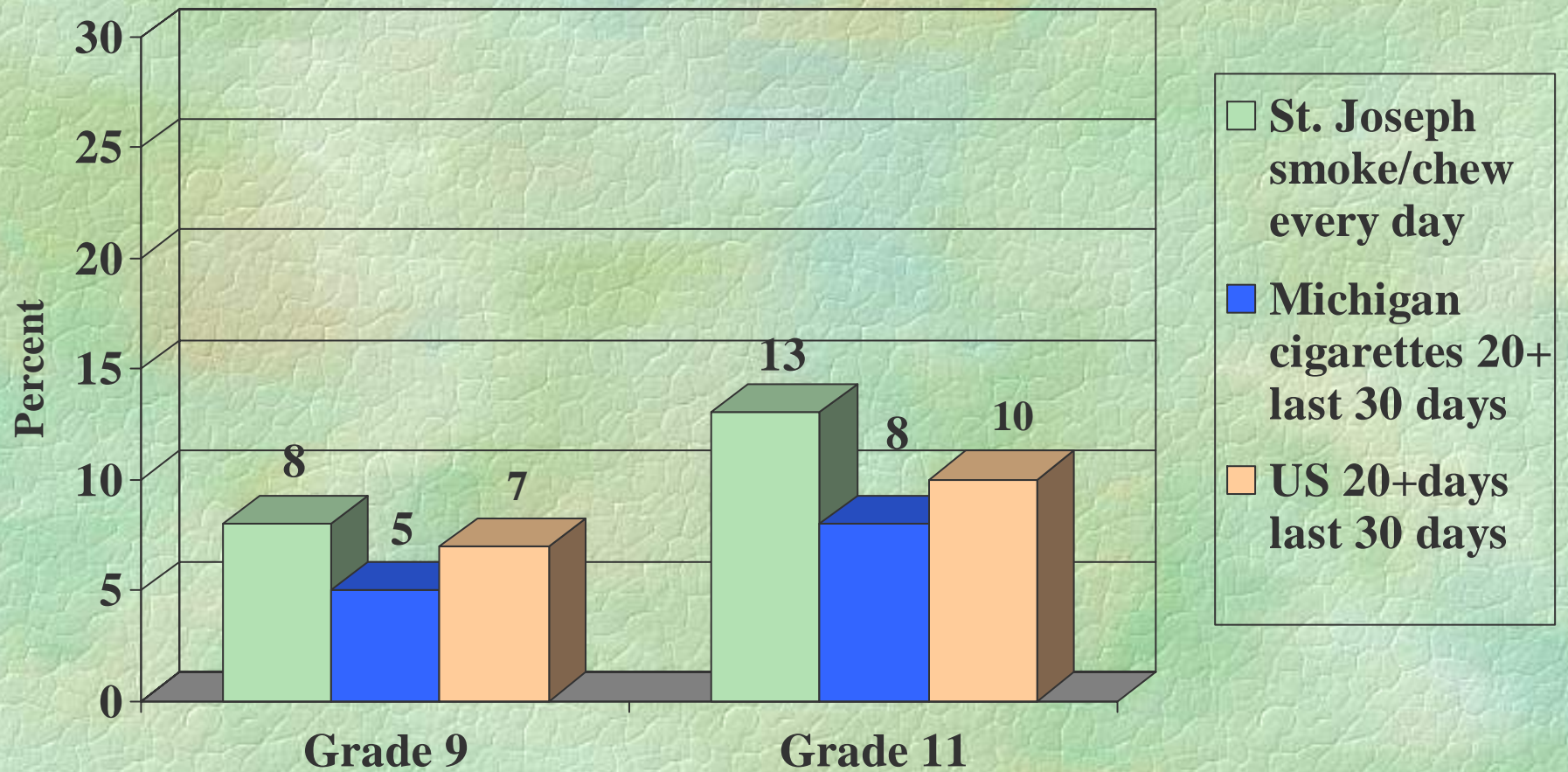
Percentage of Students Who Smoked at least once in the last 30 days

2006 Search Institute Study, MI-YRBS 2005, US-YRBS 2005



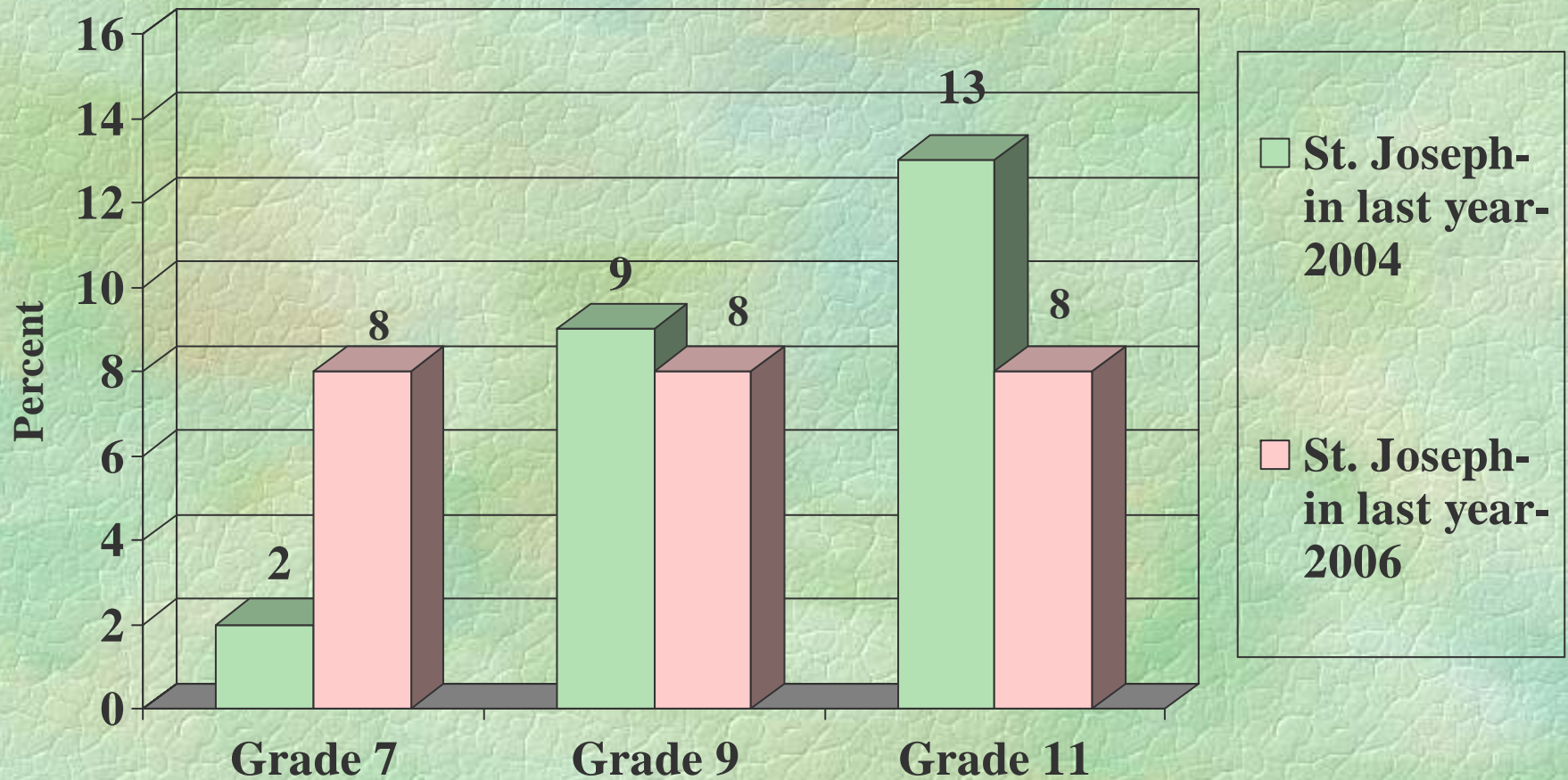
Percentage of Students Who Smoked Regularly, last 30 days

2006 Search Institute Study, MI-YRBS 2005, US-YRBS 2005



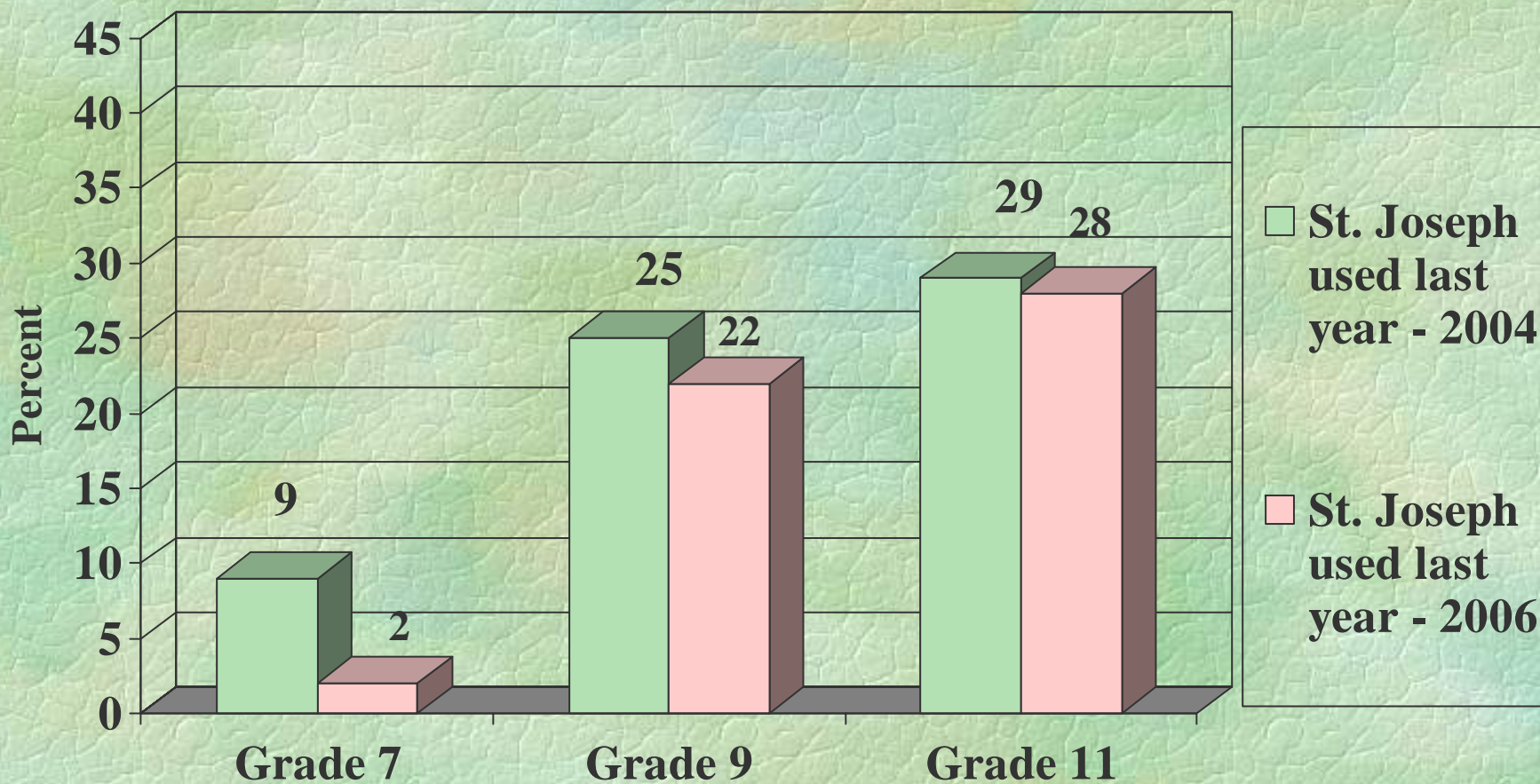
Comparison of the Percentage of Students Who Used Smokeless Tobacco at Least Once

2004/2006 Search Institute Study



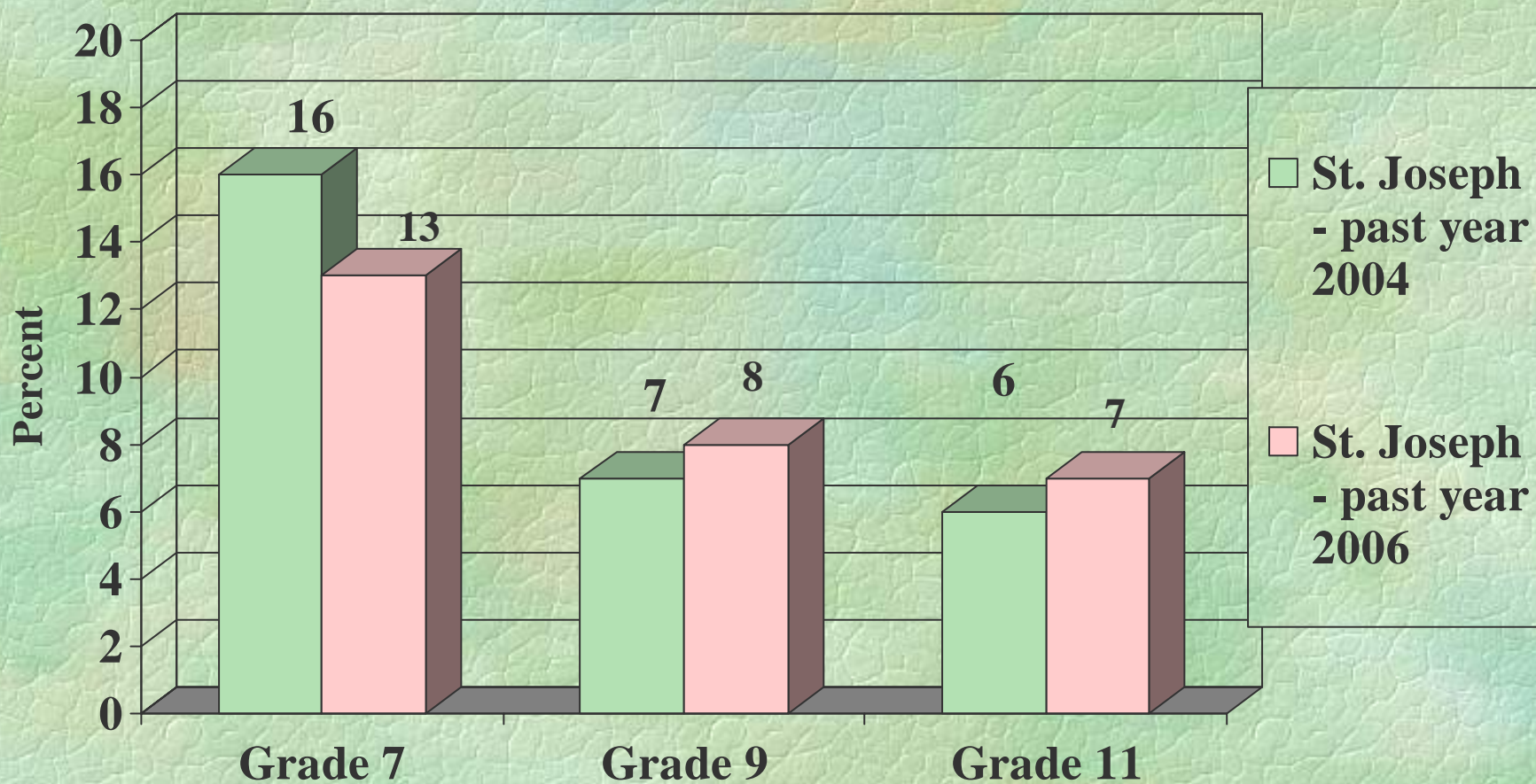
Comparison of the Percentage of Students Who Used Marijuana at Least Once in the last year

2004/2006 Search Institute Study



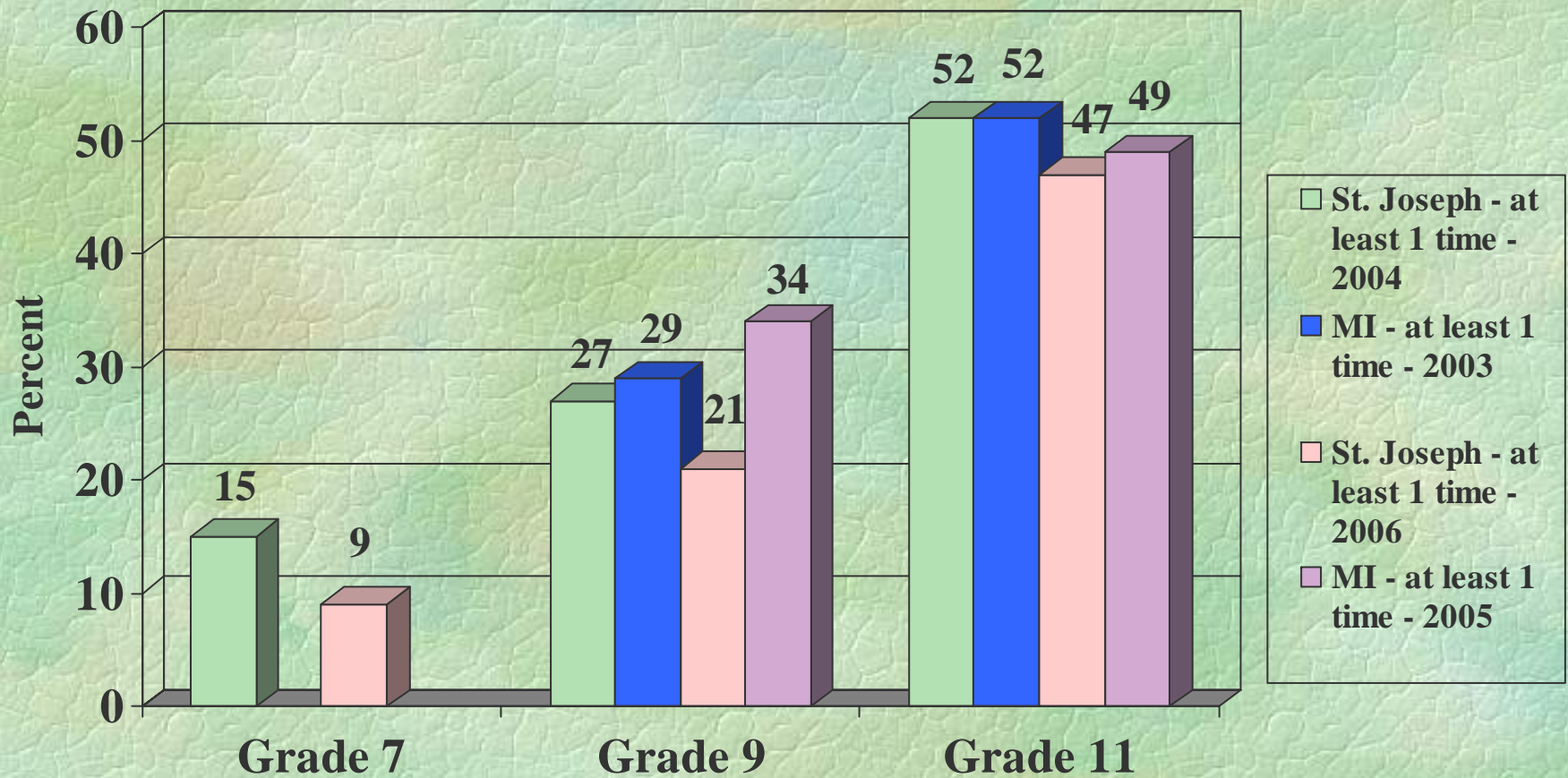
Comparison of the Percentage of Students Who Used Inhalants at least Once in Past Year

2004/2006 Search Institute Study



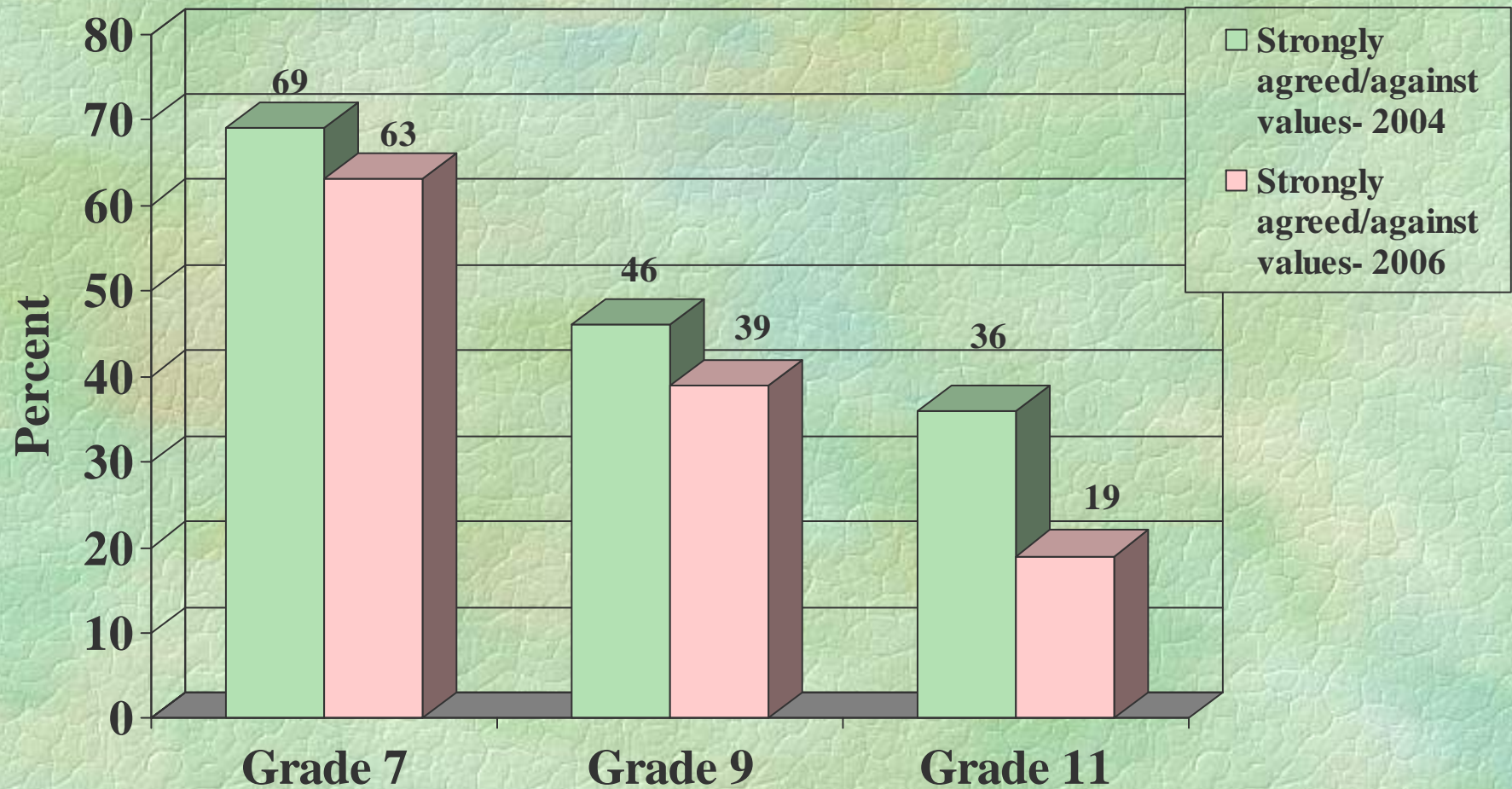
Comparison of Youth who had intercourse at least once

2004/2006 Search Institute Study, MI-YRBS 2005



St. Joseph Youth Attitude about Having Sex as a Teenager

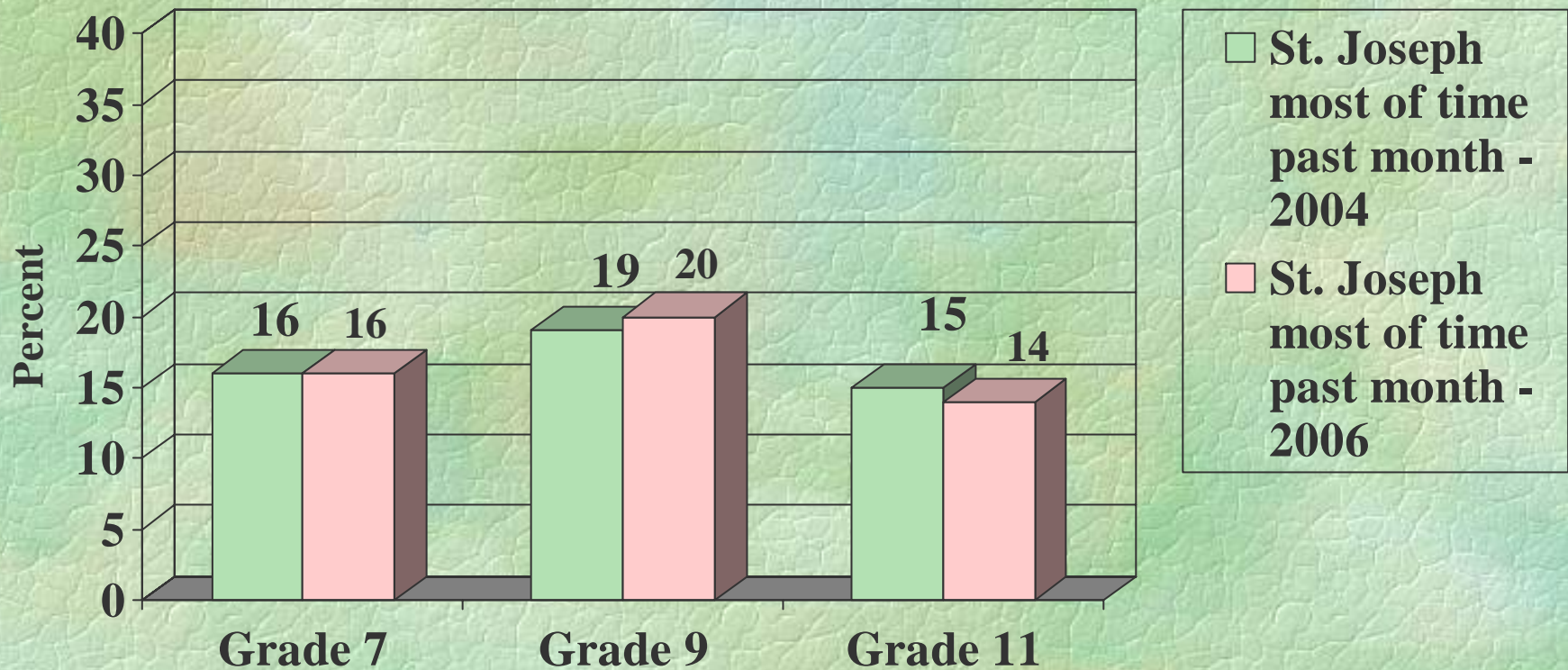
2004/2006 Search Institute Study



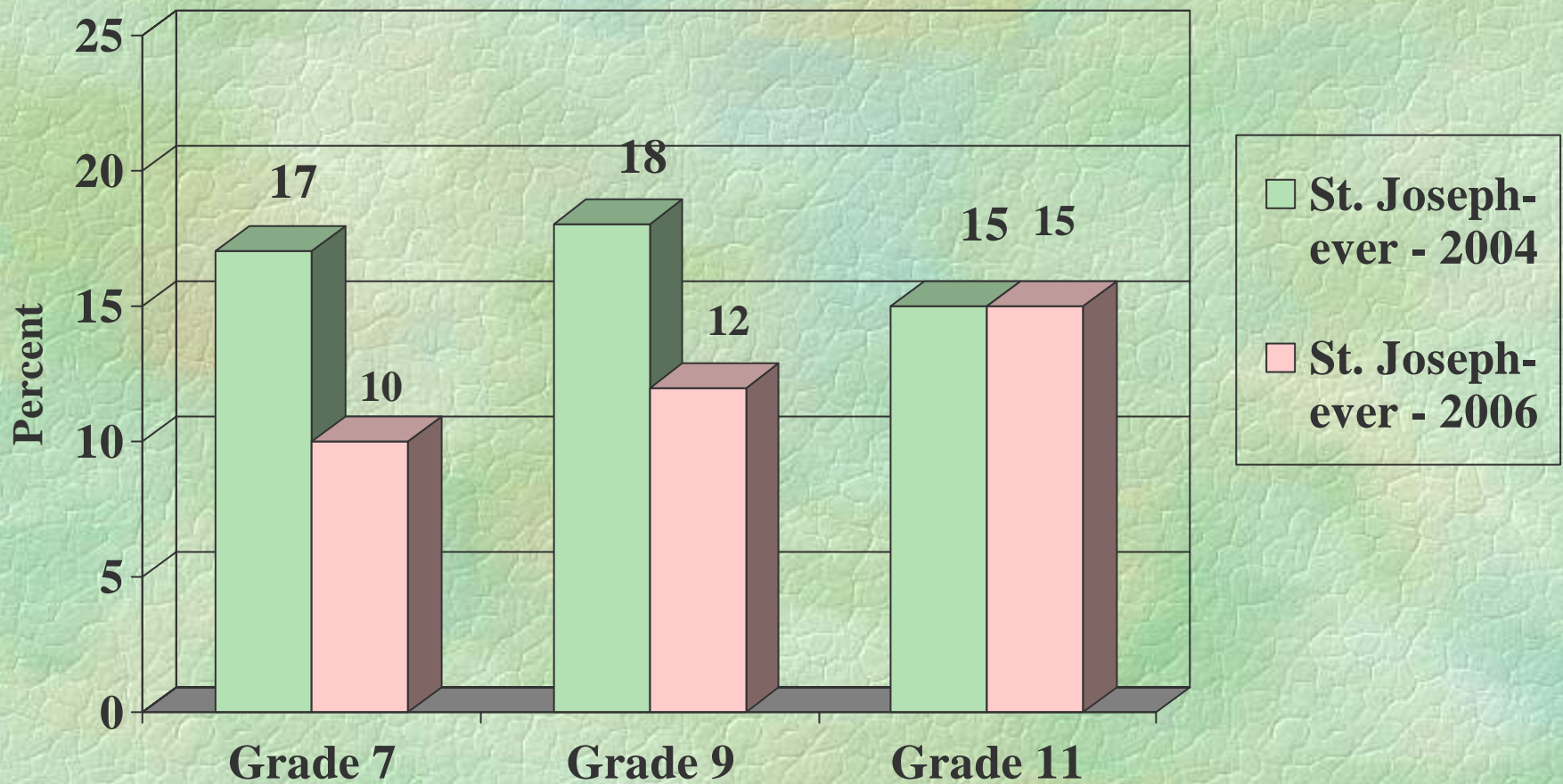
Comparison of the Percentage of Students Who Felt Sad or Depressed – past 30 days

2004/2006 Search Institute Study

Most or all of the time

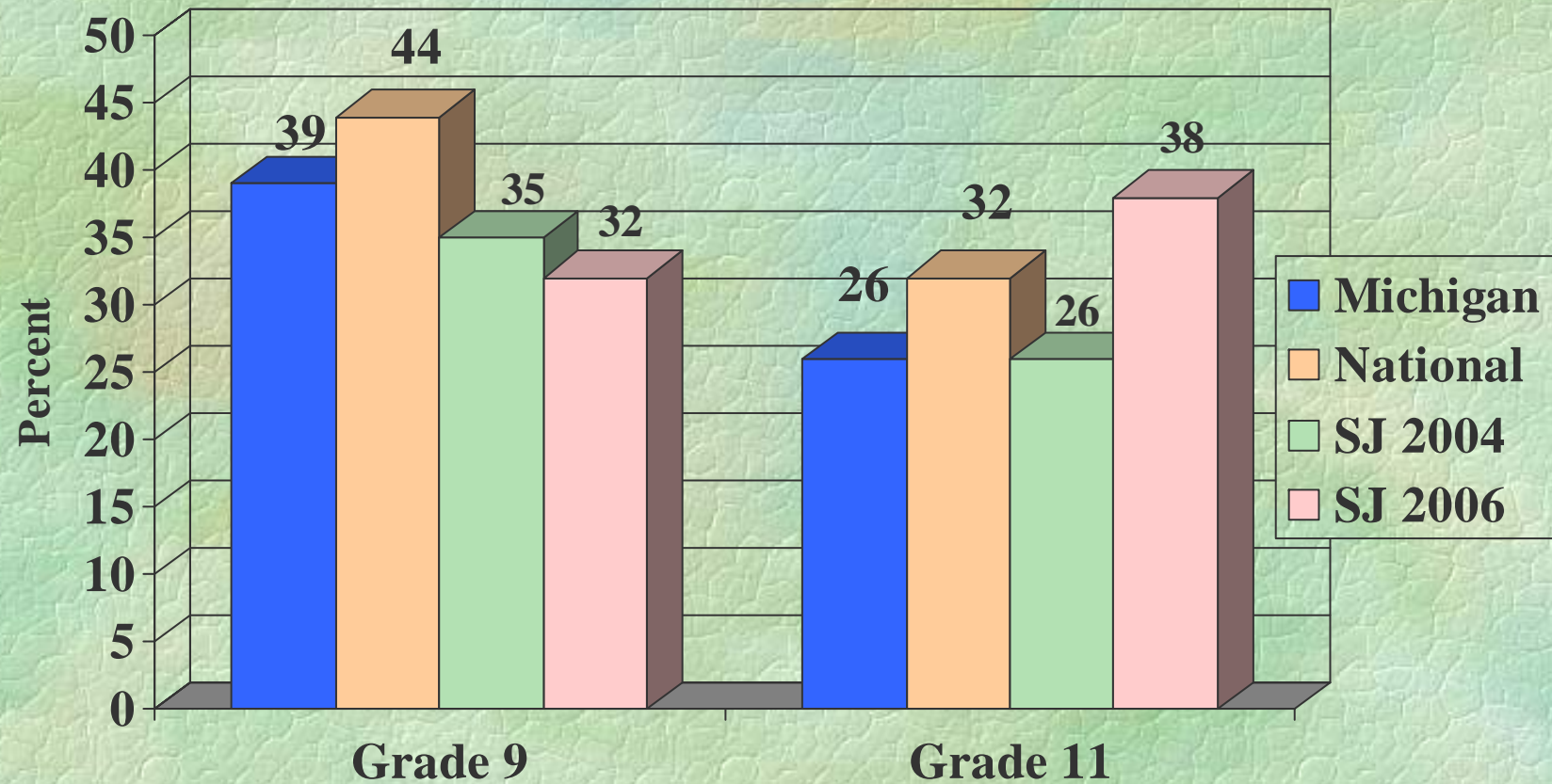


Comparison of the Percentage of Students Who attempted suicide at least once 2004/2006 Search Institute Study



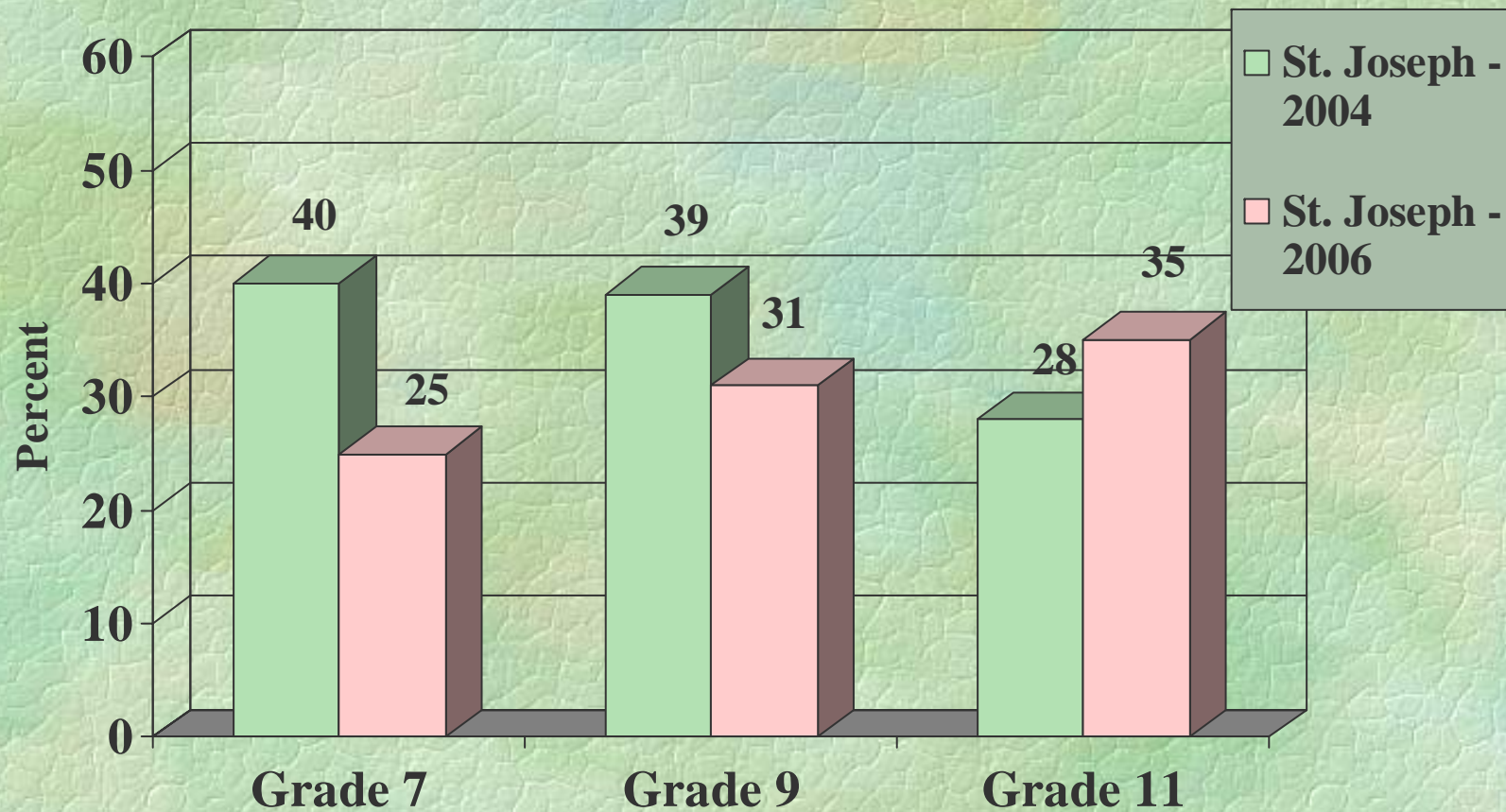
Percentage of Students in a Physical Fight in Past Year

2006 Search Institute Study, MI-YRBS 2005, US-YRBS 2005



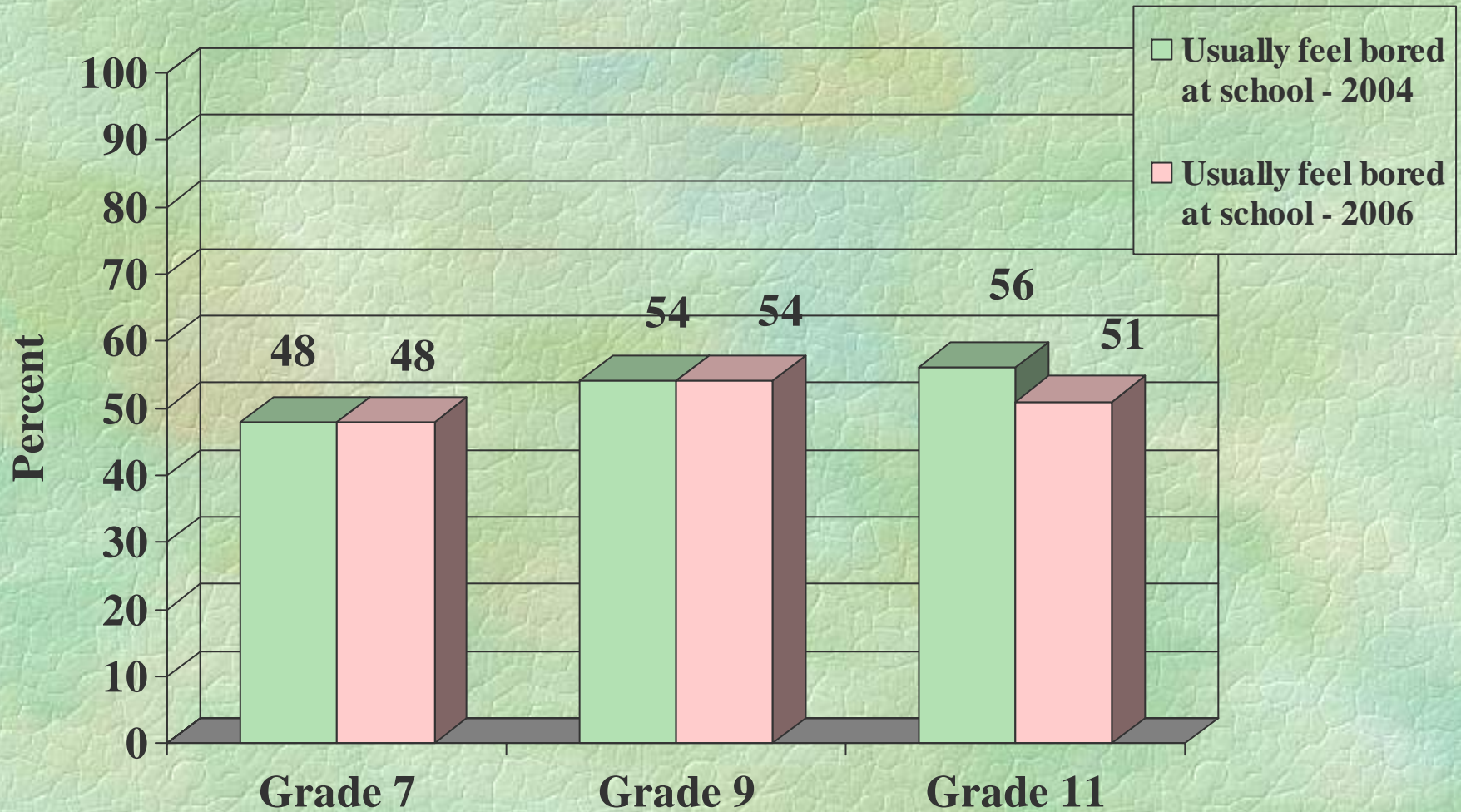
Percentage of St. Joseph Students Ever Physically Harmed by Someone in the Family or Living with Them

2004/2006 Search Institute Study



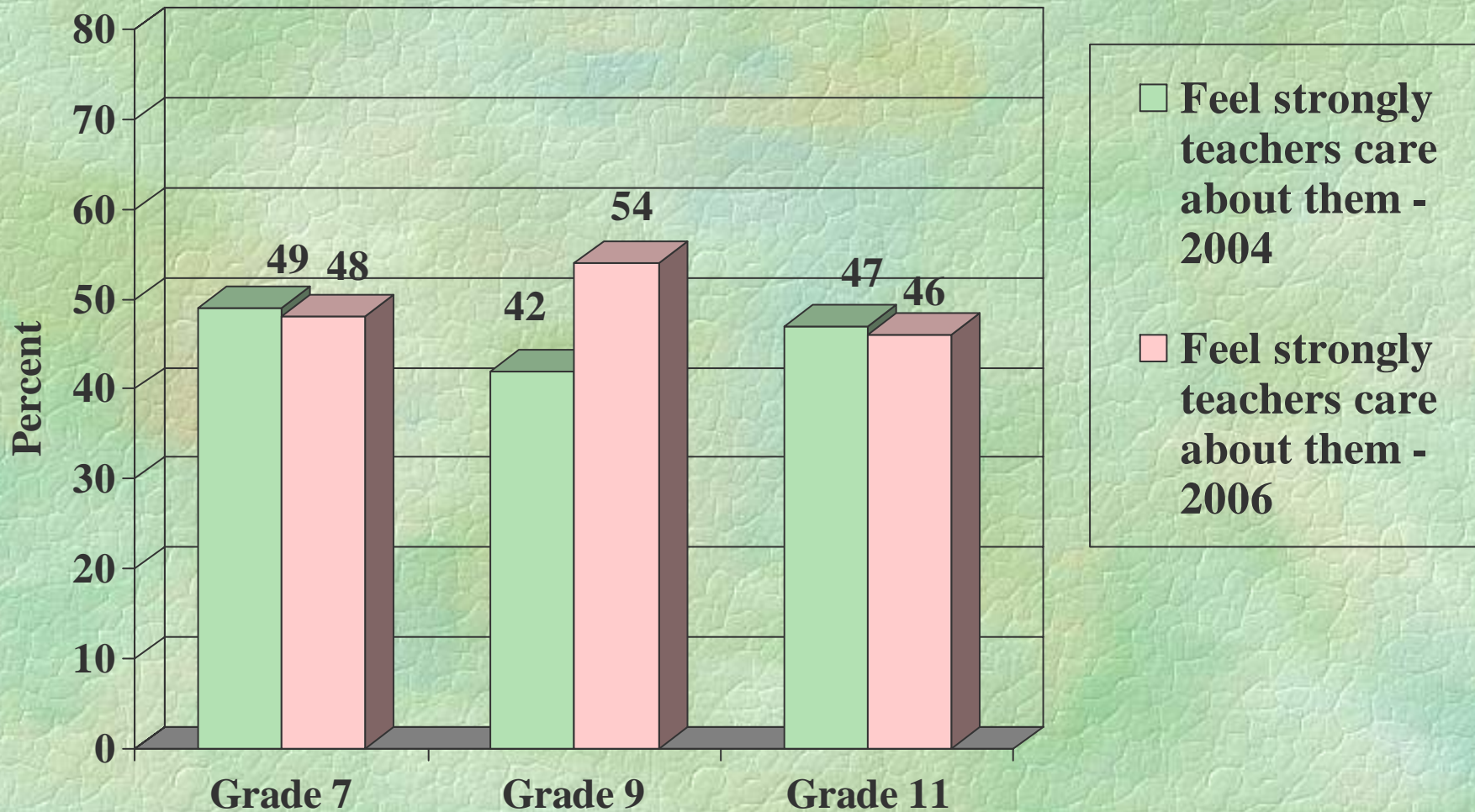
Students Attitudes about School

2004/2006 Search Institute



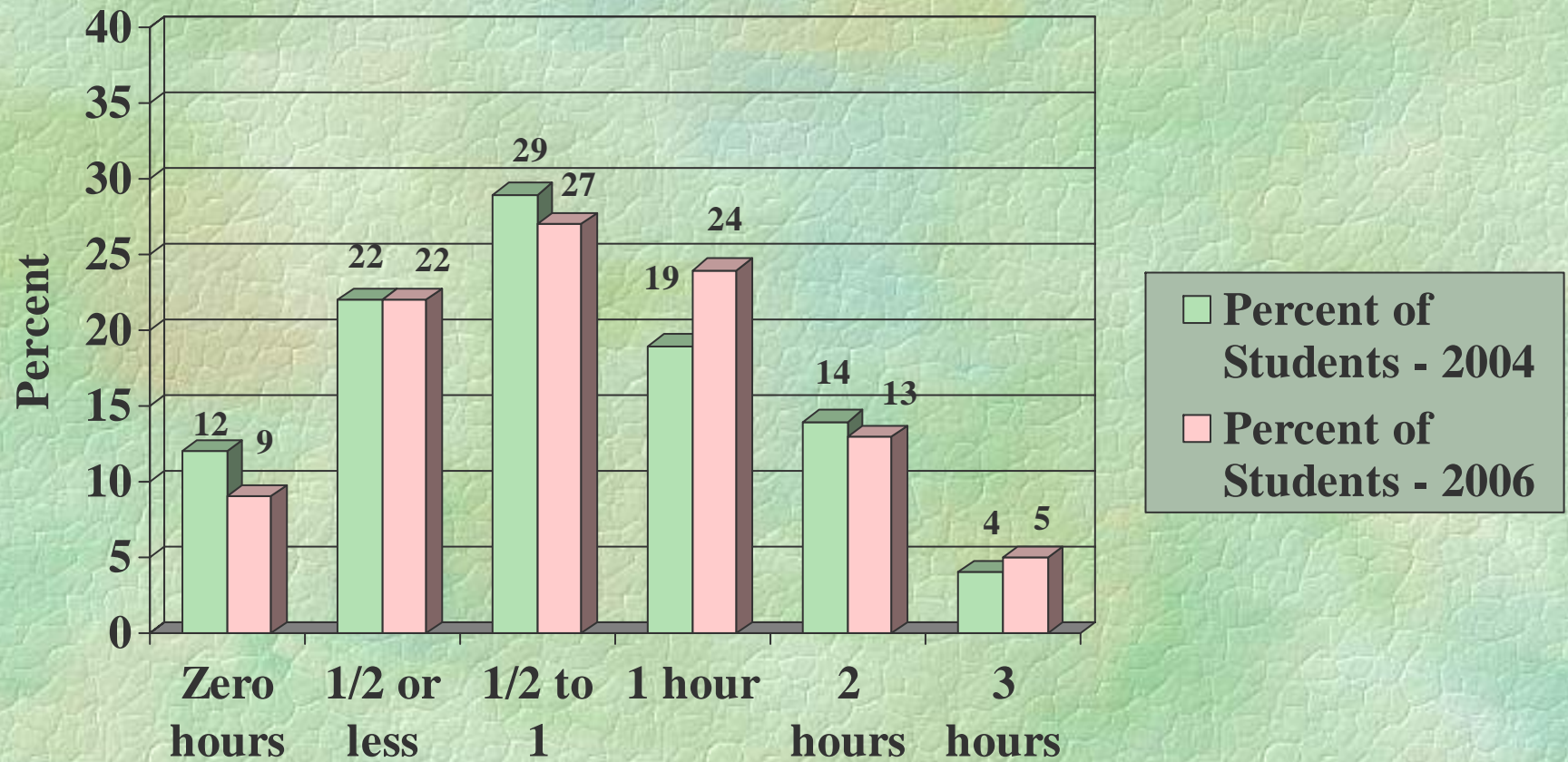
Students and Teachers

2004/2006 Search Institute



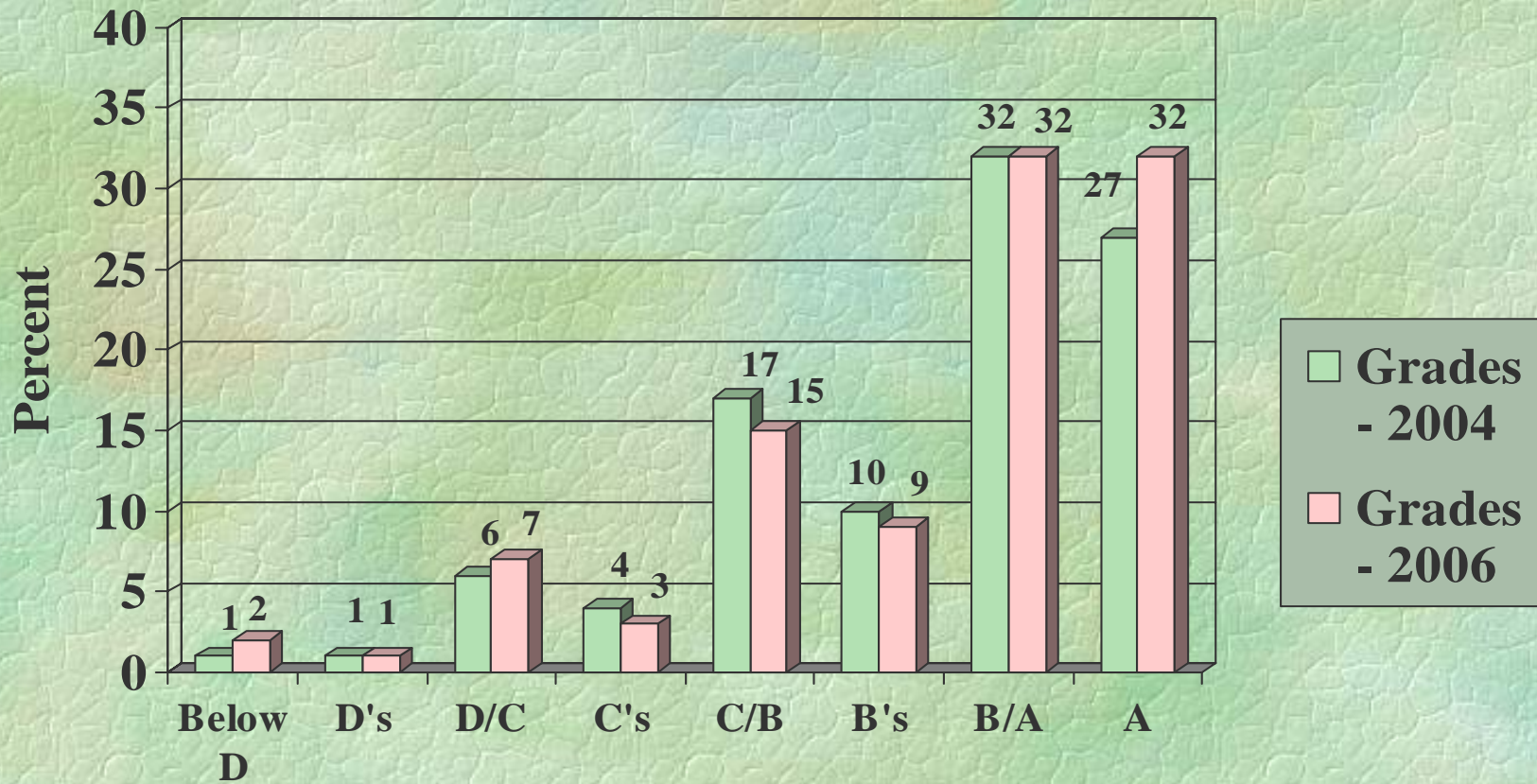
Percentage of Time Students Spend on Homework

2004/2006 Search Institute Study



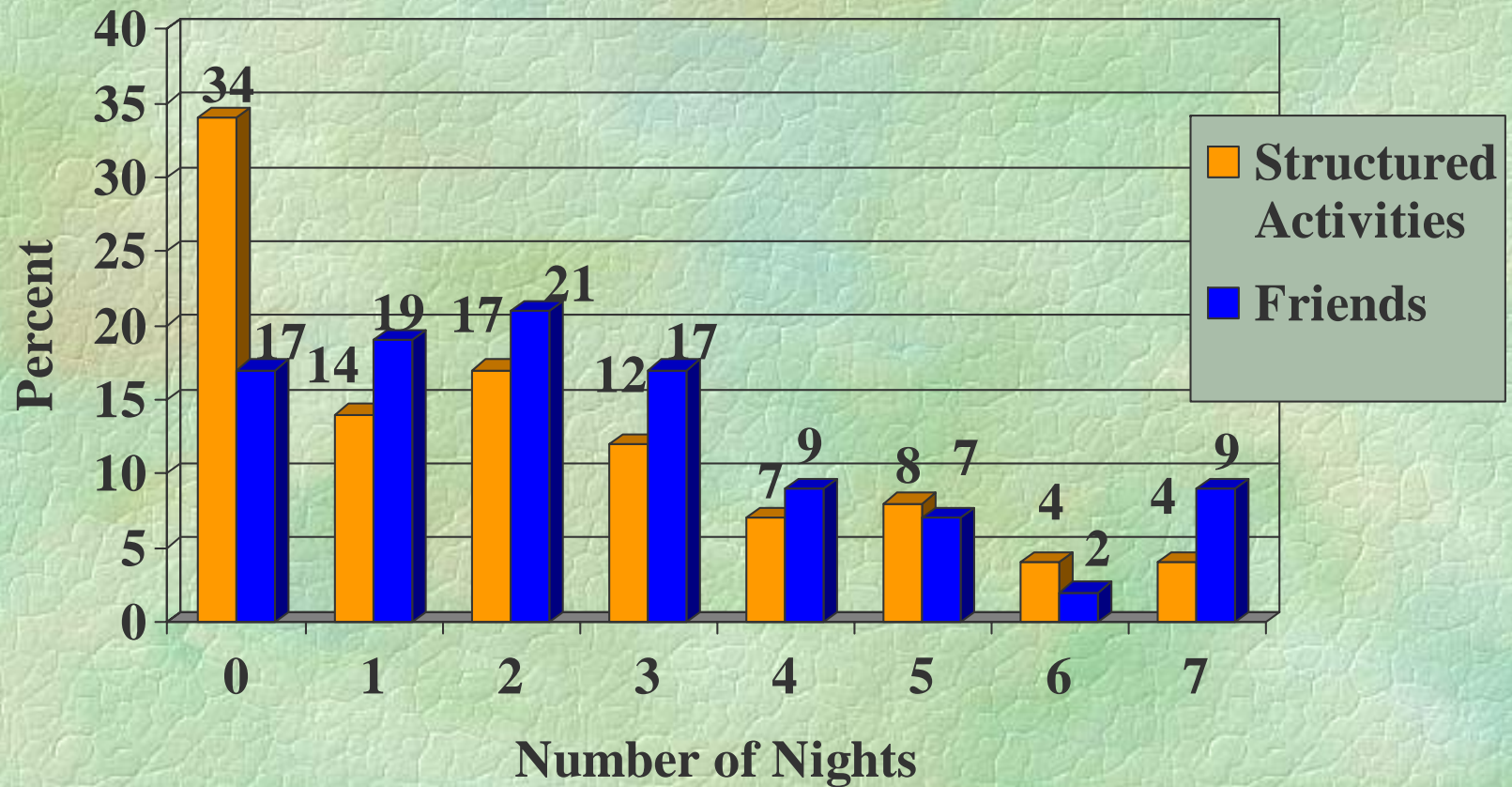
Percentage of Students by Grades Earned in School

2004/2006 Search Institute Study



Number of Evenings/Week Students Attend structured activities/ or go hang with friends

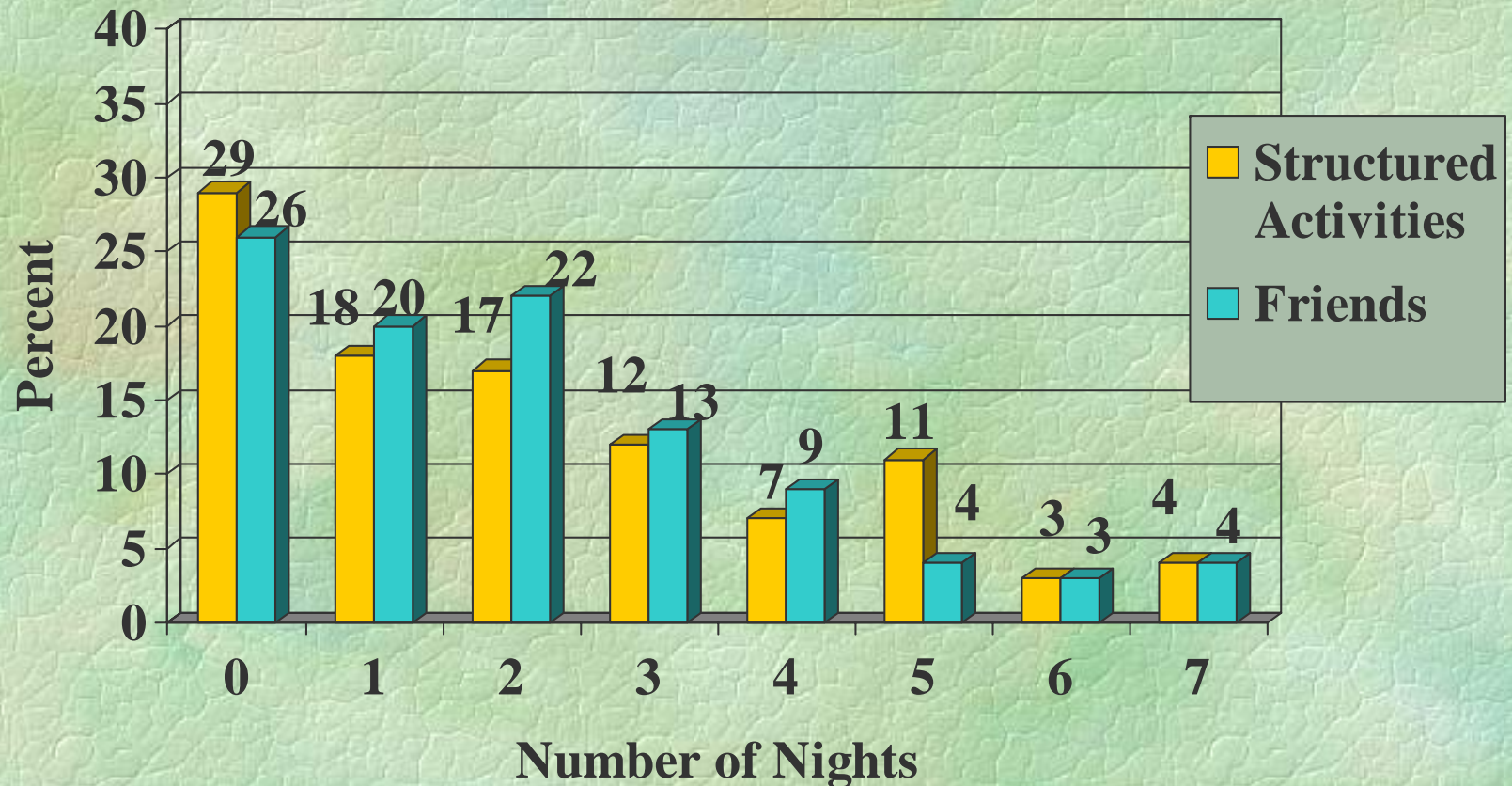
2004 Search Institute Study



Number of Evenings/Week Students Attend structured activities/ or go hang with friends

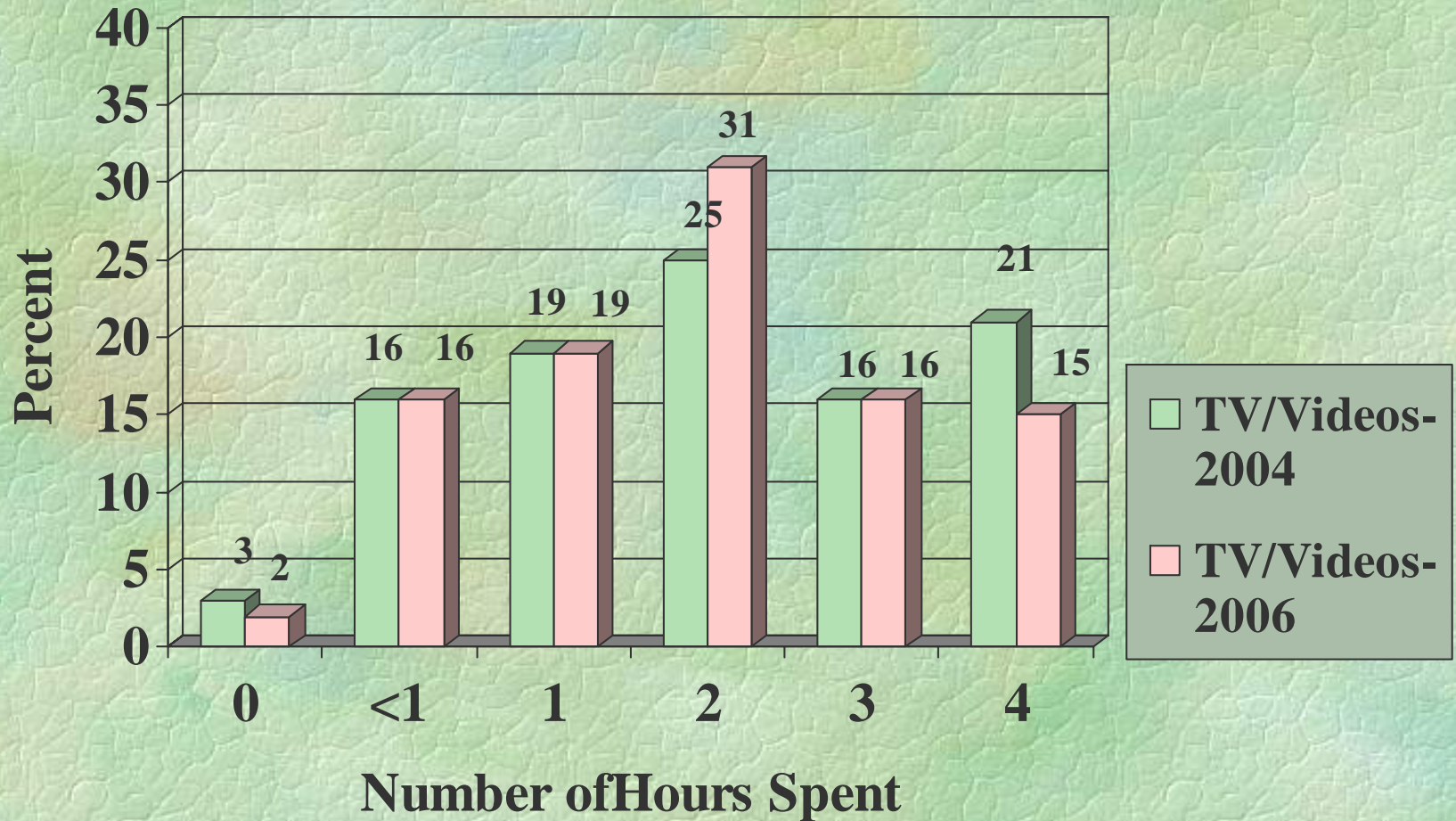
(Hangin' out >3 nights – 04 -27% 06 – 20%)

2006 Search Institute Study



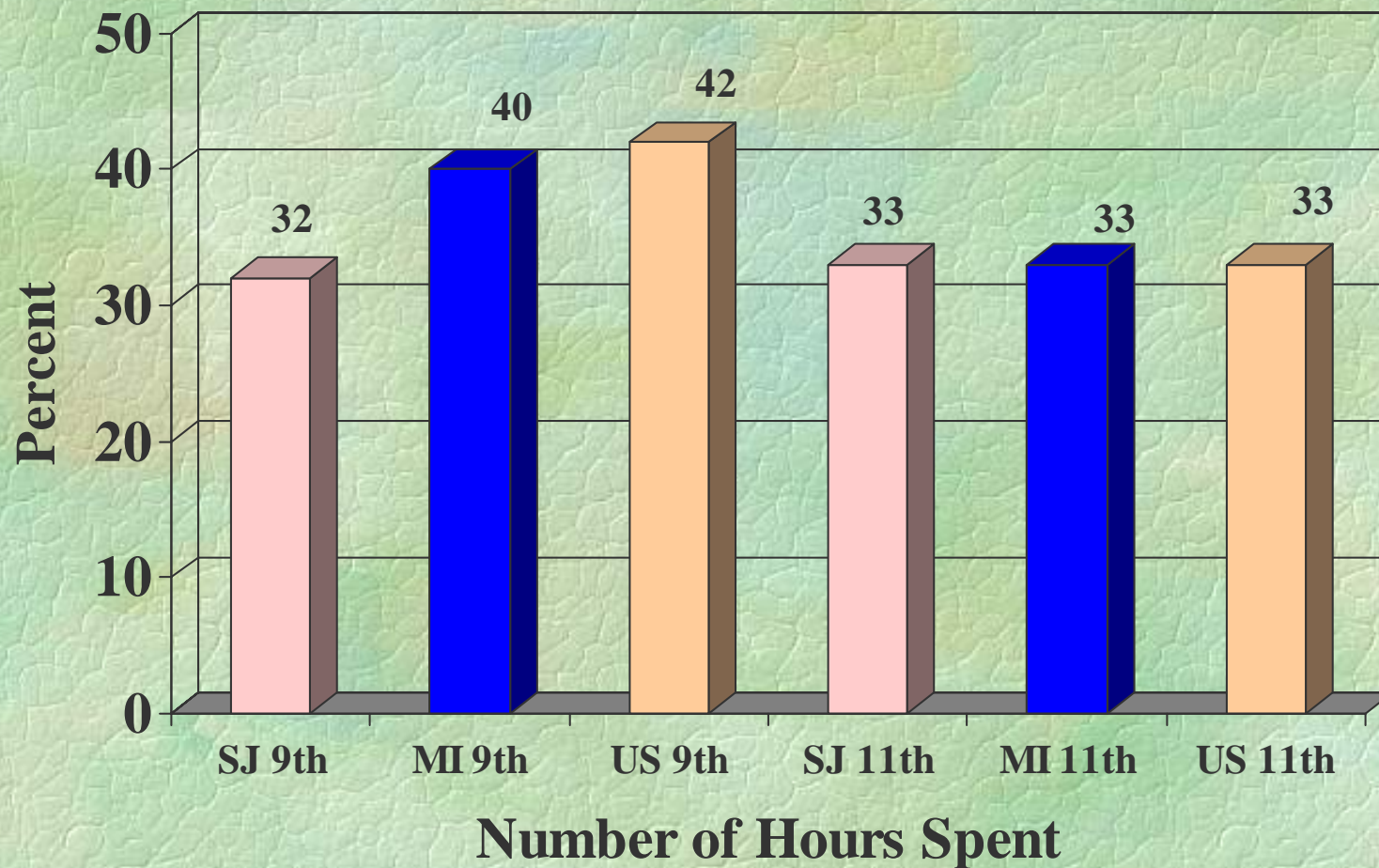
Number of Hours/Day Students Watch TV or Videos

2004/2006 Search Institute Study

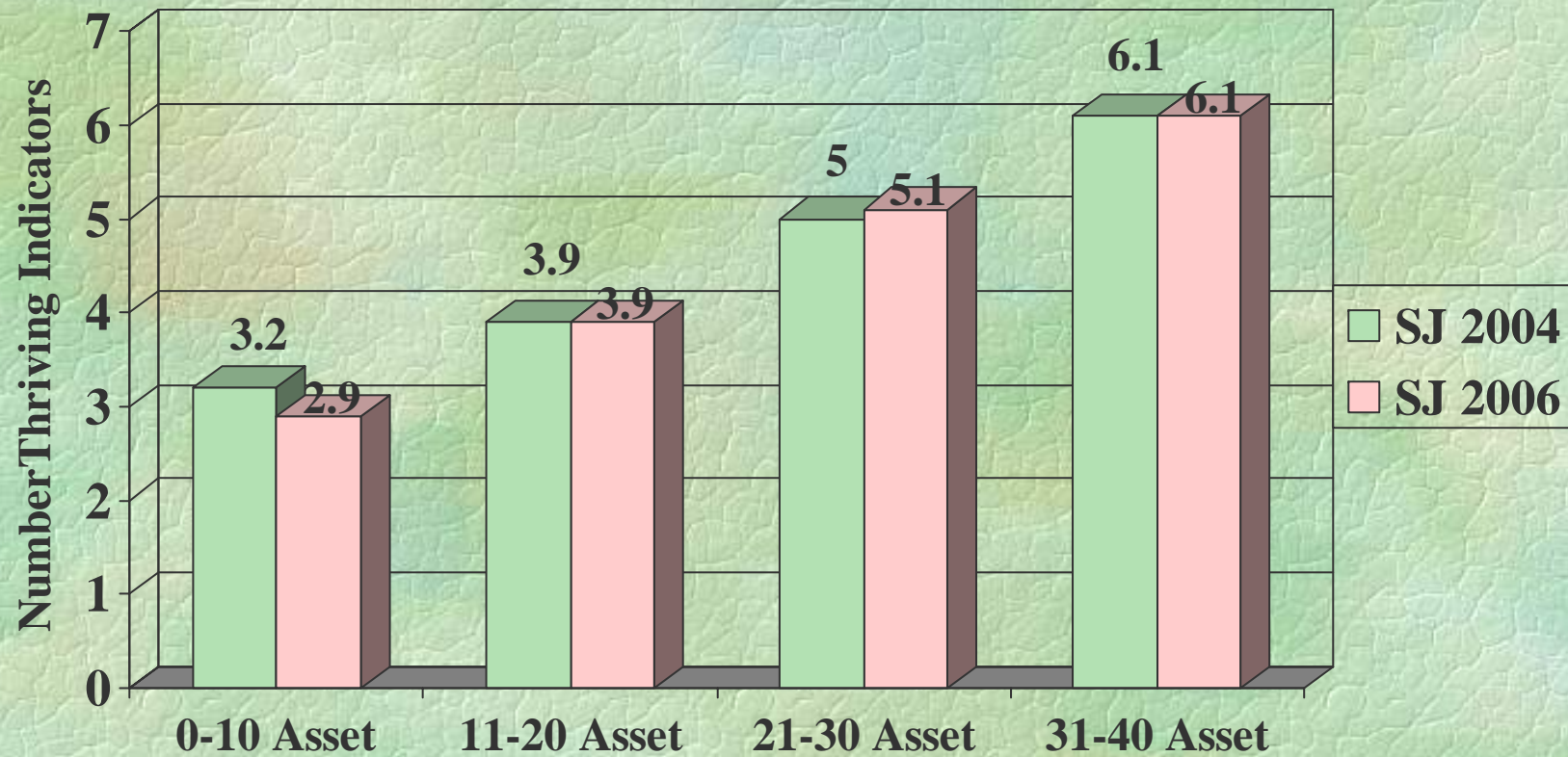


Students Watch TV or Videos >3 Hrs./Day

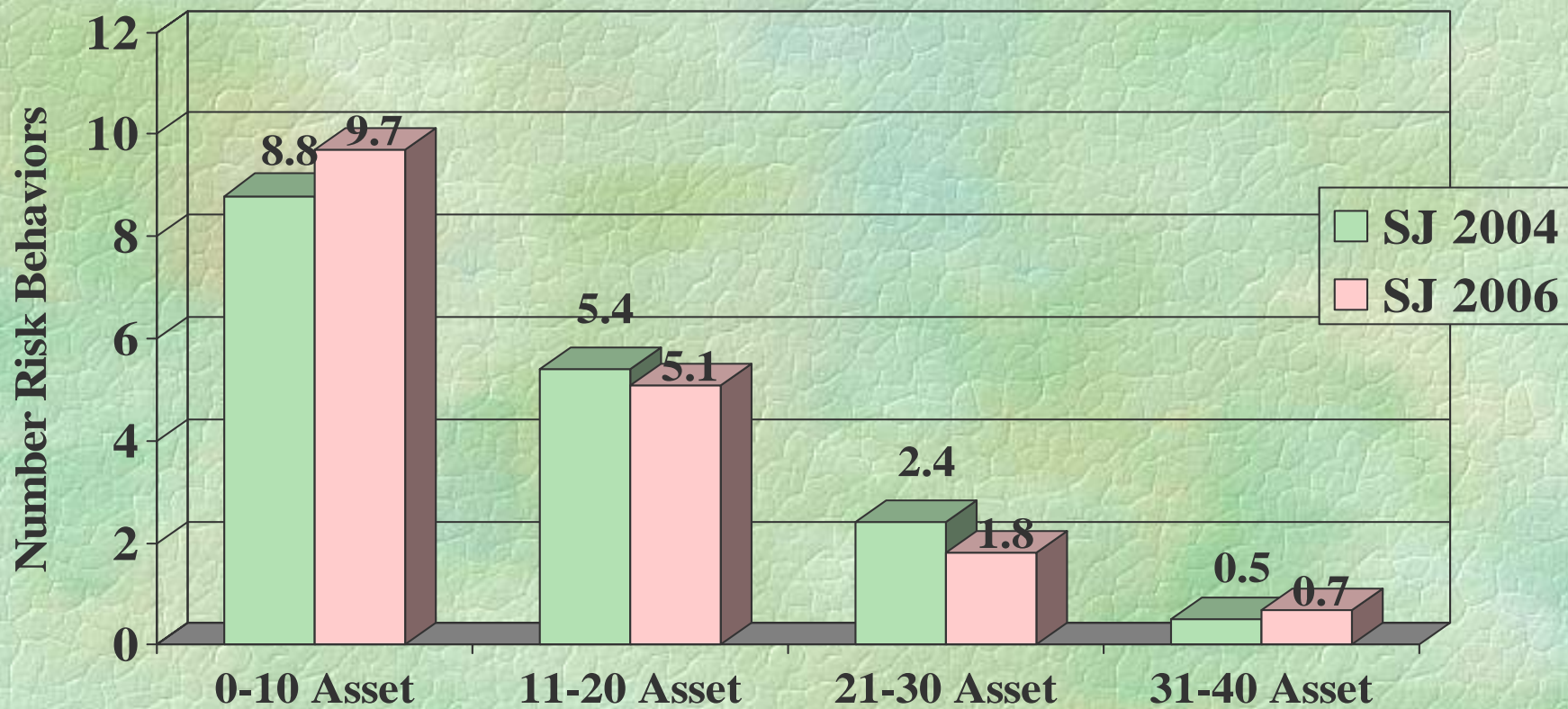
2004/2006 Search Institute Study



Average Number of Thriving Indicators based on Asset Level, 2004/2006 Search Institute Study



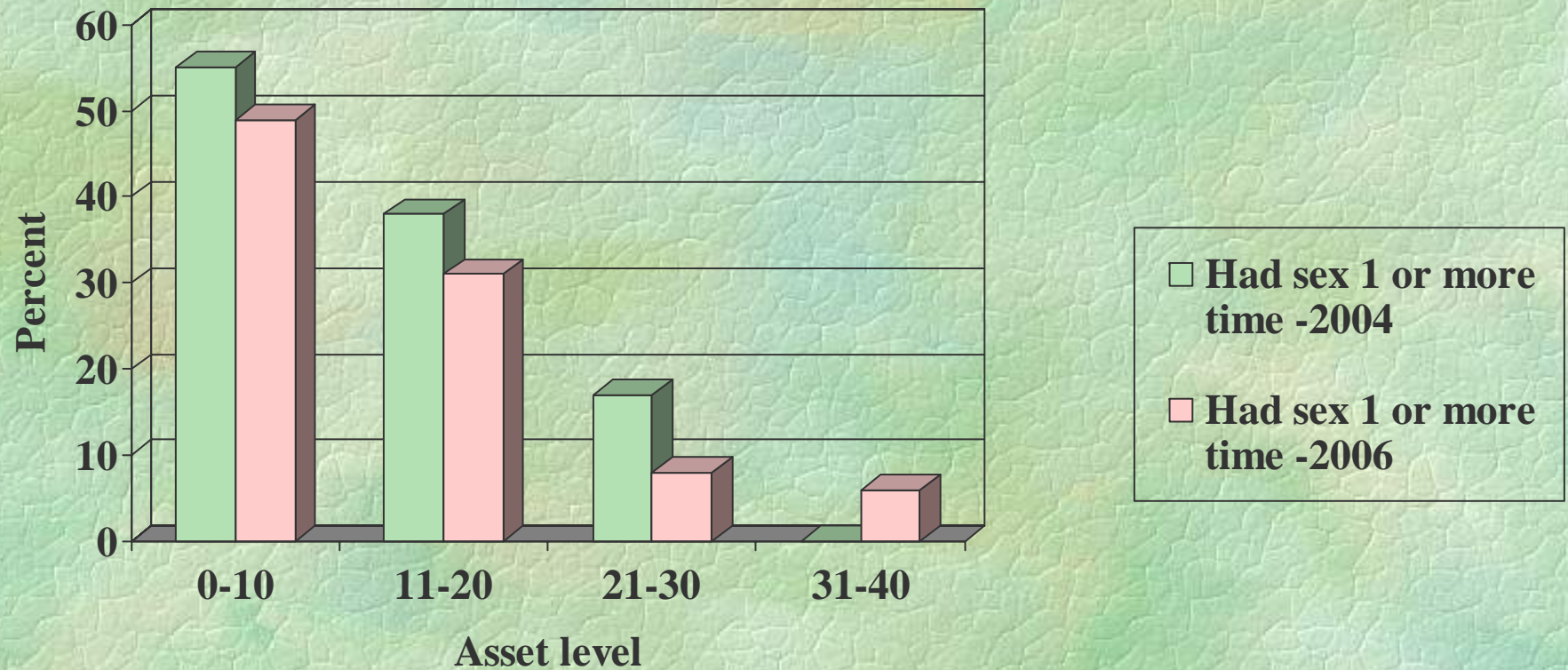
Average Number of Risk Taking Behaviors based on Asset Level, 2004/2006 Search Institute Study



Risks vs. Assets

A no brain-er

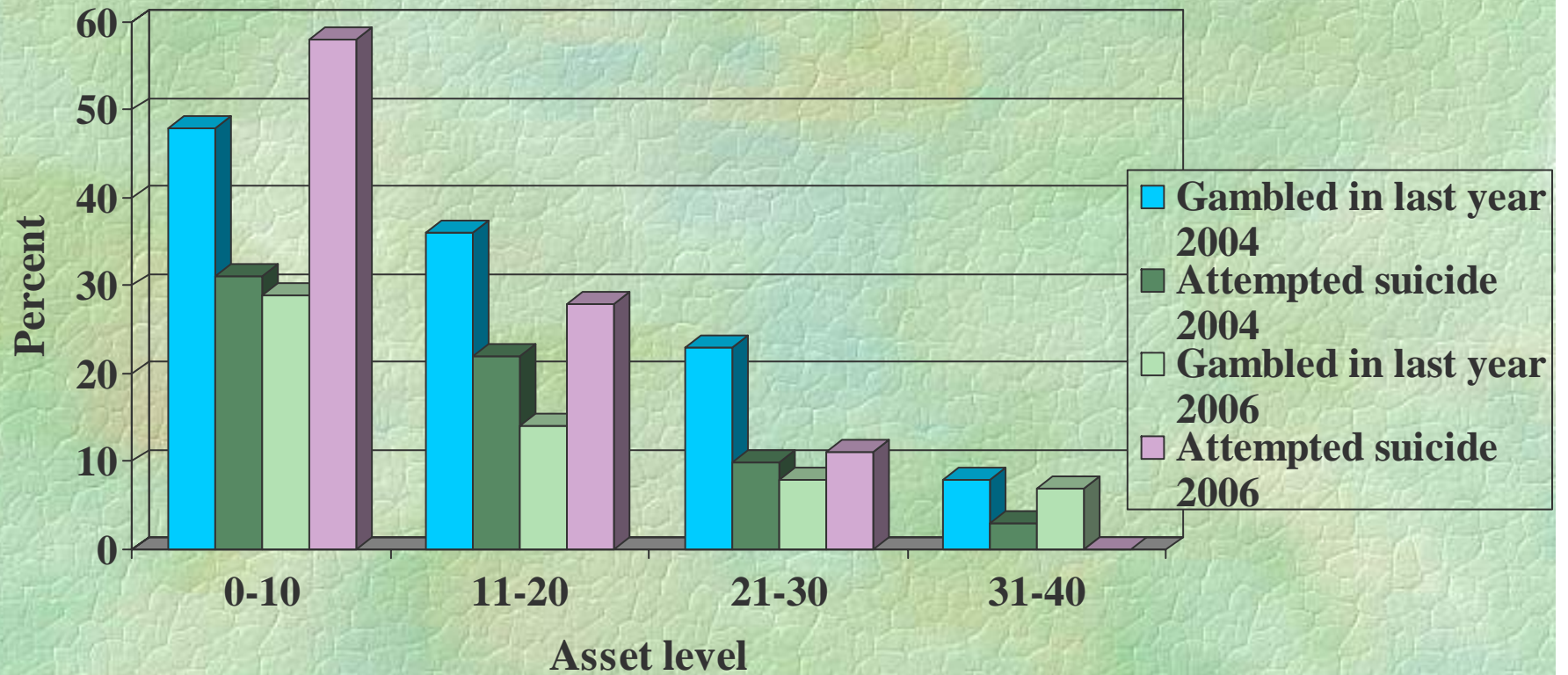
2004/2006 Search Institute Study



Risks vs. Assets

A no brain-er

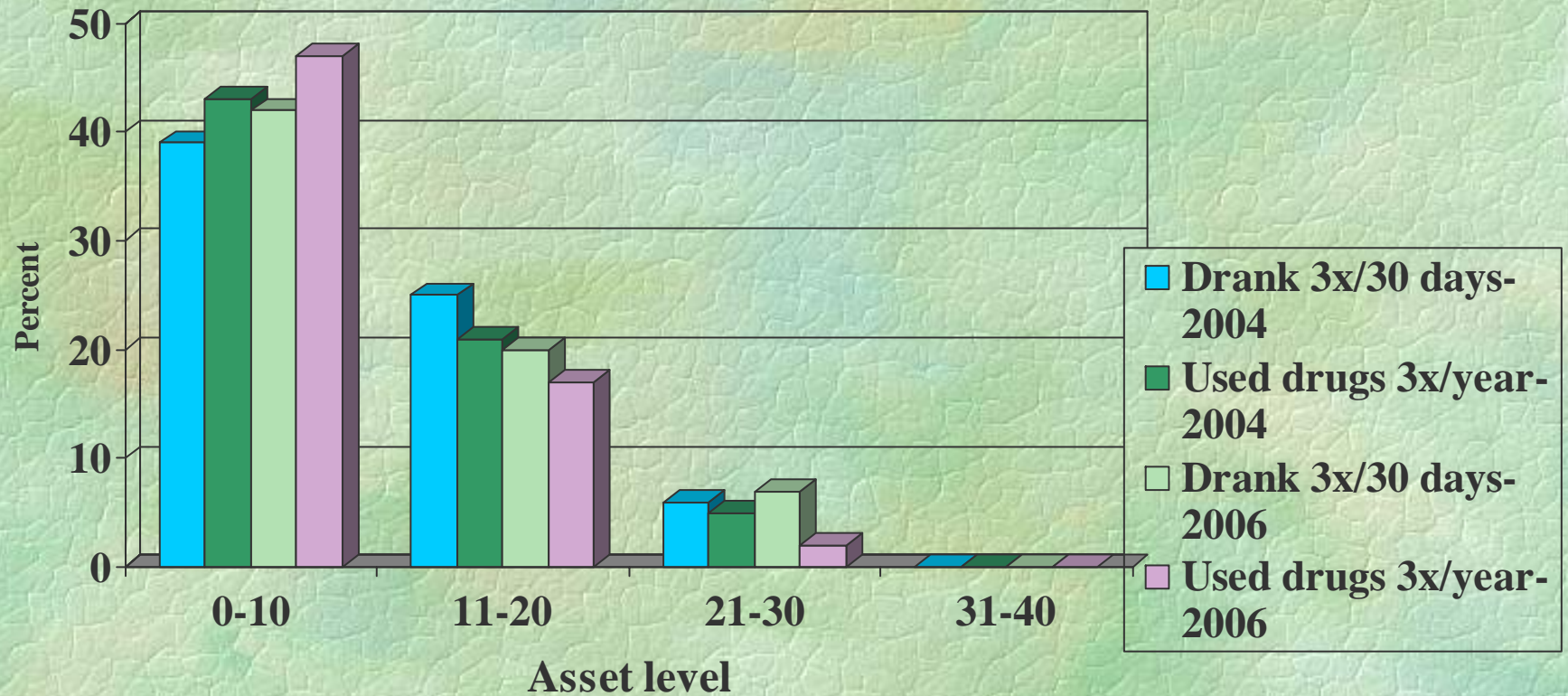
2004/2006 Search Institute Study



Risks vs. Assets

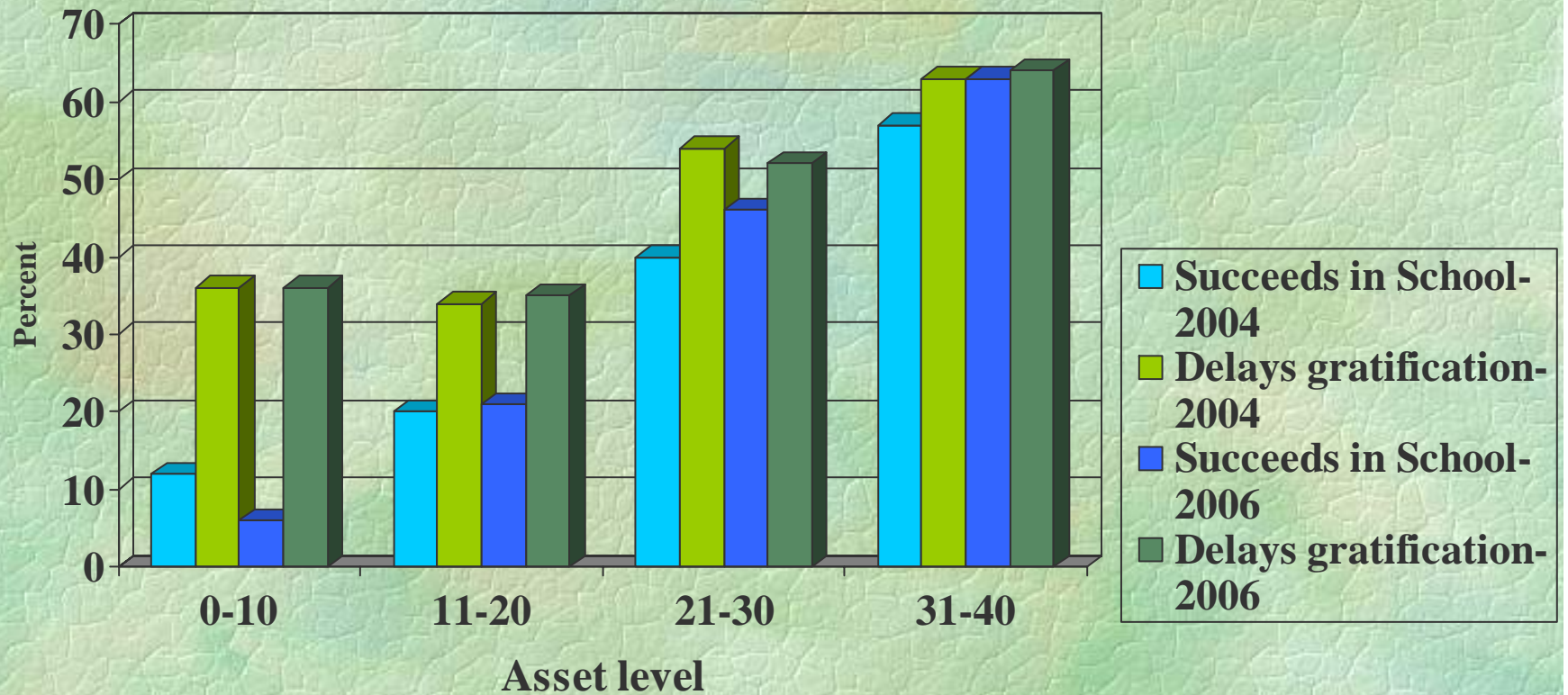
A no brain-er

2004/2006 Search Institute Study

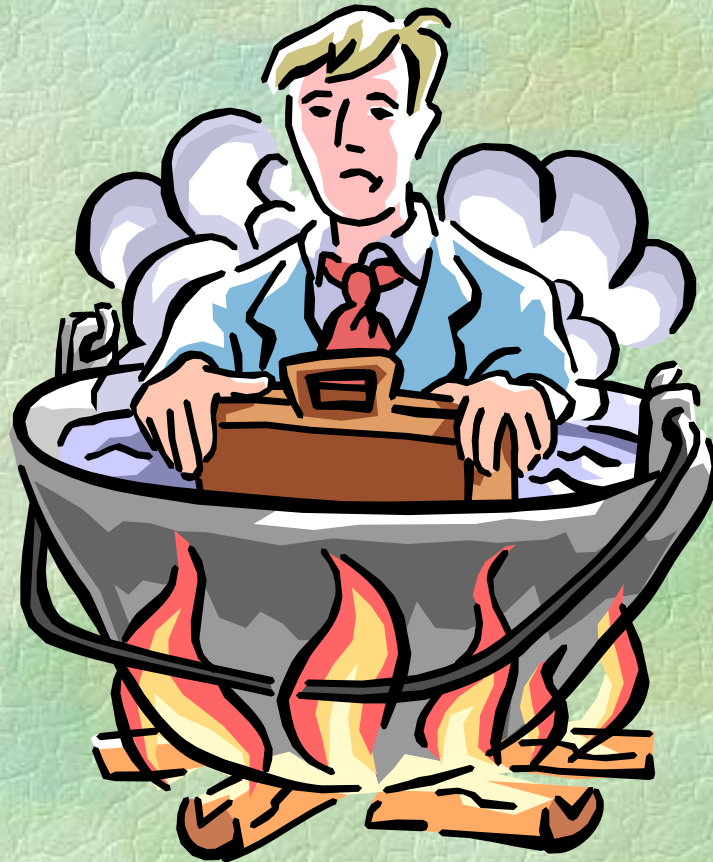


Thriving and Assets

What a world of difference
2004/2006 Search Institute Study



Conclusions- what bubbled up



Areas of significant change

(the good)

1. Average # of assets increased (19.2 to 20)
2. Different cross section of kids again?
 - 13% in 06 have 31-40 assets (75 kids)
 - 8% in 04 have 31-40 assets (76 kids)
3. More parents with college education
 - Moms – 23% more w/4 yr. degree
 - Dads – 17% more w/4 yr. degree
4. 4% increase in assets – overall
5. 8% increase in assets in 9th grade

Areas of significant change

More good stuff!

1. Caring school environment – increased 25%
2. Time spent at home – increased 14%
3. Time spent on homework – increased 17%
4. Resistance skills – increased 14%
5. Resists danger –
 - 7th grade – increased 35%
 - 9th grade – increased 43%
 - 11th grade – increased 73%
6. Abuse at home –
 - 7th grade – decreased 37%
 - 9th grade – decreased 21%

Challenges

1. Safety (home, community and school – 12% decrease overall
2. Positive Adult Relationships (other than parental) – 12% decrease overall
3. Victims of Violence – 11th grade – increased 12.5%
4. Abuse at home – 11th grade – increased 25%
5. Dataset (surveys) decreased 39% - making a strong relationship between datasets tenuous

Where to Find This Report?

- This report will be posted on the Community Health Agency website along with the 2004 report, at:
 - www.bhsj.org